

As a responsible Parent or Guardian you will:

- Respect the rights, dignity and worth of every athlete, coach, technical official and others involved in athletics and treat everyone equally
- Cooperate fully with others involved in the sport such as coaches, technical officials, team managers, doctors, physiotherapists, sports scientists and representatives of the governing body in the best interests of the athlete
- Consistently promote positive aspects of the sport such as fair play and never condone rule violations or the use of prohibited or age-inappropriate substances
- Never place undue pressure on children to perform, participate or compete.
- Encourage your child to perform, participate and compete as this is a crucial part of the training and learning process.
- Maintain a good attendance record at training (ideally more than 80% of sessions) and let the coach know when you are unable to make it as early as possible.
- Take an active interest in your child's participation
- Know exactly where your child will be and who they will be with at all times
- Never make assumptions about your child's safety
- Ensure that your child does not take any unnecessary valuable items to training or competition.
- Return any items belonging to the club once the purpose for which they were provided is finished, such as vests, coaching manuals, competitive or training equipment.
- Not send your child to training sessions if they are injured or otherwise unable to fully train without consulting their coach in advance.
- Ensure that your child is received into the training session by a coach or club official and not simply left on the assumption that a coach is there and ready to receive athletes.
- Do not leave your child at training early or pick them up late. Coaches have lives and homes to go to.
- Inform your child's coach or team manager of any illness or disability that needs to be taken into consideration for athletic performance
- Provide any necessary medication that your child needs for the duration of trips
- Assume responsibility for safe transportation to and from training and competition except where club has specifically organised transport
- Return any necessary written consent forms to the club/team manager or appropriate person, including next of kin details, health and medical requirements before your child goes to any away events or trips
- Report any concerns you have about your child's or any other child's welfare to the Club Welfare Officer, National or UKA Welfare Officers. (This does not affect your right to contact your local social services or the police if you feel it is necessary).

If we need to exclude anyone from a training group due to misconduct we will contact the family. If there is repeated misconduct we reserve the right to exclude the individual(s) involved.