

SNAL Records

	Name	Club	Time/Distance	Wind	Venue	Date
Track Events						
100m						
U17 Men	Rory Brogan	Edinburgh AC	11.25	-1.3	Grangemouth	15/04/2023
U20 Men	Mateo Hughes	Edinburgh AC	11.45	-0.2	Grangemouth	15/04/2023
Sen Men	Grek Kelly	East Kilbride AC	11.00	-1.3	Grangemouth	15/04/2023
U17Women	Tehillah Chioma Ikechukw	Law & District	12.53	-0.8	Grangemouth	15/04/2023
U20 Women	Sophie Widdowson	Edinburgh AC	12.88	-0.8	Grangemouth	15/04/2023
Senior Wom	Lois Garland	Perth Strathtay H	12.32	-0.8	Grangemouth	15/04/2023
200m						
U17 Men	Harris Mackie	Pitreave AC	22.6	1.2	Aberdeen	28/05/2023
U20 Men	Rory Voss	Pitreave AC	22.01	1.2	Aberdeen	28/05/2023
Sen Men	Max Leslie	Edinburgh AC	22.06	1.2	Aberdeen	28/05/2023
U17Women	Sophie Thomas	Dumfermline	25.26	1.7	Aberdeen	28/05/2023
U20 Women	Sophie Widdoson	Edinburgh AC	25.78	1.7	Aberdeen	28/05/2023
Senior Wom	Charlotte Bevan	Aberdeen AAC	24.99	1.7	Aberdeen	28/05/2023
300m						
U17Women	Aaliyah McCloud	Central AC	40.96		Aberdeen	28/05/2023
400m						
U17 Men	Omar Bajo	Edinburgh AC	49.59		Aberdeen	28/05/2023
U20 Men	Robin Snedden	Inverness	50.55		Aberdeen	28/05/2023
Sen Men	Max Leslie	Edinburgh AC	48.62		Grangemouth	15/04/2023
U20 Women	Hannah Taylor	Aberdeen AAC	57.47		Grangemouth	15/04/2023
Senior Wom	Hannah Cameron	Aberdeen AAC	56.69		Grangemouth	15/04/2023
800m						
U17 Men	Rhys Crawford	Aberdeen AAC	1.56.37		Grangemouth	15/04/2023
U20 Men	Andrew McGill	Livingston AAC	1.53.83		Grangemouth	15/04/2023
Sen Men	Gavin McCafferty	Central AC	1.58.52		Grangemouth	15/04/2023
U17Women	Scarlett Wilson	Giffnock AAC	2.16.44		Grangemouth	15/04/2023
U20 Women	Grace McDonald	Aberdeen AAC	2.13.82		Grangemouth	15/04/2023
Senior Wom	Hannah Cameron	Aberdeen AAC	2.03.52		Grangemouth	15/04/2023

1500m

U17 Men	Andrew Baird	Ross County AC	4.08.63	Aberdeen	28/05/2023
U20 Men	Caleb Brock	Aberdeen AAC	4.06.47	Aberdeen	28/05/2023
Sen Men	Max Abernethy	Fraserburgh Runne	4.04.42	Aberdeen	28/05/2023

U17Women	Zara Redmond	Kilbarchan AC	4.41.29	Aberdeen	28/05/2023
U20 Women	Olivia Clarke	Corstorphine AAC	4.36.36	Aberdeen	28/05/2023
Senior Wom	Margot Wyrwoll	Edinburgh AC	4.44.69	Aberdeen	28/05/2023

3000m

U17Women	Natsai Nyabadza	Harmeny AC	10.29.20	Grangemouth	15/04/2023
U/20 Wome	Charlotte Narducci	Aberdeen AAC	10.57.69	Grangemouth	15/04/2023
Senior Wom	Kirsty McCaulay	Corstorphine AAC	10.24.00	Grangemouth	15/04/2023

U17 Men	Jack Wallace	Giffnock North AC	9.16.01	Aberdeen	28/05/2023
U20 Men	Caleb McGuire	Aberdeen AAC	8.59.87	Aberdeen	28/05/2023
Sen Men	Lachlan Oates	Shettleston Harrier	8.39.03	Aberdeen	28/05/2023

5000m

U20 Men	Glen Griffiths	Giffnock North AAC	15.48.01	Grangemouth	15/04/2023
Sen Men	Fraser Holman	Harmeny AAC	15.25.70	Grangemouth	15/04/2023

1500m SC

U17Women	Ariane Baillie	Pitreave AC	5.28.08	Aberdeen	28/05/2023
U/20 Wome	No athlete				
Senior Wom	Becky Dumphy	VP Glasgow	5.20.74	Aberdeen	28/05/2023

U17Men	Jack Wallace	Giffnock North AAC	4.43.05	Grangemouth	15/04/2023
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3000m SC

U20 Men
Senior Men

Relay

4x 100m Men		Edinburgh AC	43.54	Grangemouth	15/04/2023
4x 100m Women		Law & District	49.89	Grangemouth	15/04/2023

4x 400m Men

4x 400m Women

Hurdles

110m

U20 Men	Jonathan Cameron	Inverclyde AC	16.13	+0.2	Grangemouth	15/04/2023
Senior Men	Jonathan Cameron	Inverclyde AC	16.13	+0.2	Grangemouth	15/04/2023

100mH

U17 Men	Callum Newton	Dumfermline	13.94	+0.4	Grangemouth	15/04/2023
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100m H

U20 Women	Darcie Black	Dumfermline	15.53	+0.3	Grangemouth	15/04/2023
Senior Wom	Darcie Black	Dumfermline	15.53	+0.3	Grangemouth	15/04/2023

80m H

U17Women	Ella Jones	Harmeny AC	12.29	+1.1	Grangemouth	15/04/2023
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300mH

U17Women	Hannah McDermott	VP Glasgow	47.77		Aberdeen	28/05/2023
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400m H

U20 Women	Catriona Scott	VP Glasgow	70.74		Aberdeen	28/05/2023
Senior Wom	Emily Craig	Edinburgh AC	61.36		Aberdeen	28/05/2023

U17 Men	Cameron Scott	Banchory Stoneha	61.67		Aberdeen	28/05/2023
U20 Men	Tom Palmer	Elgin AC	61.76		Aberdeen	28/05/2023
Sen Men	Bradley Frances	Edinburgh AC	56.25		Aberdeen	28/05/2023

Field Events

Long Jump

U17 Men	Louis Whyte	Moorfoot Runners	6m 47	+0.0	Grangemouth	15/04/2023
U20 Men	Euan Wallace	Cumbernauld AAC	5m91	-1.0	Grangemouth	15/04/2023
Sen Men	Steven Stone	Forth Valley Flyers	6.46	3.3	Aberdeen	28/05/2023

U17Women	Zoe Loughrey	VP Glasgow	5m 54	-2.5	Grangemouth	15/04/2023
U20 Women	Darcie Black	Dumfermline	5m 42	2.9	Aberdeen	28/05/2023
Senior Wom	Hannah Wallace	Cumbernauld AAC	5m 54	-2.5	Grangemouth	15/04/2023

Triple Jump

U17 Men	Andrew Lumsden	Elgin AC	11.35	1.5	Aberdeen	28/05/2023
U20 Men	Andrew Bennie	VP Glasgow	11.16	2.3	Aberdeen	28/05/2023
Sen Men	No athlete					

U17Women	Kyna Forbes	Edinburgh AC	10.42	0.8	Aberdeen	28/05/2023
U20 Women	No athlete					
Senior Wom	Morgan Finlay	Shettleston Harrier	10.53	2	Aberdeen	28/05/2023

High Jump

U17 Men	Callum Newton	Dumfermline	1m 80		Grangemouth	15/04/2023
U20 Men	Brandon Dunlop	VP Glasgow	1m 80		Grangemouth	15/04/2023
Sen Men	Amit Kumar	Shettleston Harrier	1m 96		Aberdeen	28/05/2023

U17Women	Zoe Loughrey	VP Glasgow	1m 60		Grangemouth	15/04/2023
U20 Women	No athlete					15/04/2023
Senior Wom	Anna Forbes	VP Glasgow	1m 66		Grangemouth	15/04/2023

Pole Vault

U17 Men	Jamie Connor	Central AC	2m 70		Aberdeen	28/05/2023
U20 Men	Ross Lawrie	Central AC	2m60		Aberdeen	28/05/2023
Sen Men	Andrew McFarlane	Edinburgh AC	4m 60		Aberdeen	28/05/2023

U17Women	No athlete					
U20 Women	No athlete					
Senior Wom	Sara Barbour	Kilmarnock Harrier	3m 60		Aberdeen	28/05/2023

Shot Putt

U17 Men	Bruce Robb	Pitreavie	13m09		Aberdeen	28/05/2023
U20 Men	Dakota Sattar	VP Glasgow	11m 31		Grangemouth	15/04/2023
Sen Men	Euan Urqhart	VP Glasgow	13m31		Aberdeen	28/05/2023

U17Women	Courtney Barbour	Giffnock North AAC	11m 83		Grangemouth	15/04/2023
U20 Women	Brooke Dunlop	Whitemoss AC	8m 05		Grangemouth	15/04/2023
Senior Wom	Teddy Tchoudja	Shettleston H	14m 47		Grangemouth	15/04/2023

Discus

U17 Men	Bruce Robb	Pitreavie	38m 62		Grangemouth	15/04/2023
U20 Men	Dakota Sattar	VP Glasgow	36m 97		Grangemouth	15/04/2023
Sen Men	Andrew Peck	VP Glasgow	46m 06		Grangemouth	15/04/2023

U17Women	Katie Matheson	VP Glasgow	29m 31		Grangemouth	15/04/2023
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U20 Women Ellen Montgomery	Central AC	24m 39	Grangemouth	15/04/2023
Senior Wom Haley Elliott	VP Glasgow	34m 59	Grangemouth	15/04/2023

Hammer

U17 Men Rory Stainsby	Inverness Harriers	47.94	Aberdeen	28/05/2023
U20 Men Sean Radabaugh	Inverness Harriers	44.43	Aberdeen	28/05/2023
Sen Men Robyn Connolly	VP Glasgow	40.25	Aberdeen	28/05/2023

U17Women

U20 Women

Senior Women

Javelin

U17 Men Finn Bryce	Aberdeen AC	42.7	Aberdeen	28/05/2023
U20 Men Dakota Sattar	VP Glasgow	32.57	Aberdeen	28/05/2023
Sen Men Euan Urqhart	VP Glasgow	37.1	Aberdeen	28/05/2023

U17Women Ava Mitchell	VP Glasgow	28.15	Aberdeen	28/05/2023
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U20 Women no athlete

Senior Wom Kiera Maxwell	VP Glasgow	25.77	Aberdeen	28/05/2023
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