



FIXTURE LIST Summer 2023

Date	Competition	Venue	Type	Age Groups	How to Enter	Standard	Link
18 th Mar	Young Athletes Road Races*	East Fortune	Road Race	U13 Up	Via Club Team Management	***	TBC
25 th Mar	Super Saturday II	Saughton	Track & Field	ALL	Via Email/Poll	*	TBC
EASTER HOLIDAYS – CAMPS ON 4,5,6 AND 11,12,13 APRIL							
15 th Apr	National Athletics League	Grangemouth	Track & Field	U17, U20, Senior	Via Club Team Management	***	TBC
23 rd Apr	Forth Valley League	Livingston	Track & Field	U11, U13, U15	Via Club Team Management	**	TBC
30 th Apr	Friendly Match Vs Corstorphine	Saughton	Track & Field	ALL	Via Email/Poll	*	TBC
7 th May	Youth Development League	Grangemouth	Track & Field	U13 U15	Via Club Team Management	***	TBC
13/14 May	East District Championships	Grangemouth	Track & Field	U13 Up	Individual	***	TBC
28 th May	National Athletics League	Aberdeen	Track & Field	U17, U20, Senior	Via Club Team Management	***	TBC
4 th June	Youth Development League	Kilmarnock	Track & Field	U13 U15	Via Club Team Management	***	TBC
17 th June	Forth Valley League	Grangemouth	Track & Field	U11, U13, U15	Via Club Team Management	**	TBC
18 th June	National Athletics League	Grangemouth	Track & Field	U17, U20, Snr	Via Club Team Management	***	TBC
24 th June	Superteams	Scotstoun, Glasgow	Track & Field	U12	Via Club Team Management	*	TBC
25 th June	National Relay Championships	Scotstoun, Glasgow	Track & Field	U13 Up	Via Club Team Management	**	TBC
SUMMER HOLIDAYS START							
2 nd July	Youth Development League	Scotstoun, Glasgow	Track & Field	U13 U15	Via Club Team Management	***	TBC
30 th July	National Athletics League	Grangemouth	Track & Field	U17, U20, Senior	Via Club Team Management	***	TBC
12/13 Aug	National U17 and Senior Champs	Grangemouth	Track & Field	U17/Senior	Individual	****	TBC
SUMMER HOLIDAYS END							
19 th Aug	National U15/20	Aberdeen	Track & Field	U15/U20	Individual	****	TBC
20 th Aug	National U13/20	Aberdeen	Track & Field	U13/U20	Individual	****	TBC
27 th Aug	Forth Valley League	Grangemouth	Track & Field	U11, U13, U15	Via Club Team Management	**	TBC
16 th Sept	Club Championships	Saughton	Track & Field	ALL	Via Email/Poll	*	TBC

- **Under 9:** 7 or 8 years old
- **Under 11:** Born Between 1st Sept 20012 – 31 Aug 2014 (& 9yrs old+)
- **Under 13:** Born 1 Sept 2010 – 31 Aug 2012
- **Under 15:** Born 1 Sept 2008 - 31 Aug 2010
- **Under 17:** Born 1 Sept 2006 - 31 Aug 2008
- **Under 20:** Born 1 Aug 2003 – 31 Aug 2006

* 2022 Age Groups apply