

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 6th November 2021.2021 4KXC Results Provisional.xlsx 2021Under15Girls Lanark Racecourse, Lanark

Pos	Time	Forename	Surname	M/F	Cat	Club
1	00:06:44	Millie	McClelland-Brooks	F		Glasgow School of Sport
2	00:06:48	Freya	Campbell	F		Giffnock North AC
3	00:06:52	Charlotte	Horne	F		Falkirk Victoria Harriers
4	00:06:56	Amy	Teasdale	F		Kilbarchan AAC
5	00:06:58	Zara	Redmond	F		Kilbarchan AAC
6	00:06:58	Jessica	Inglis	F		Law & District AAC
7	00:07:02	Charlotte	MacPhie	F		Corstorphine AAC
8	00:07:04	Aimee	Anderson	F		East Kilbride AC
9	00:07:05	Mili	Macfarlane	F		Giffnock North AC
10	00:07:05	Rhianna	Docherty	F		East Kilbride AC
11	00:07:06	Dashka	MacDonald	F		Edinburgh AC
12	00:07:07	Abby	Farquhar	F		Aberdeen AAC
13	00:07:07	Scarlett	Wilson	F		Giffnock North AC
14	00:07:08	Megan	McKay	F		Edinburgh AC
15	00:07:12	Katie	Sandilands	F		Fife AC
16	00:07:13	Ariane	Baillie	F		Pitreavie AAC
17	00:07:13	Lola	Lockyer	F		Moorfoot Runners
18	00:07:14	Ava	Beaton	F		Inverclyde AC
19	00:07:16	Freya	Mowbray	F		Lasswade AC
20	00:07:21	Erin	Gray	F		Gala Harriers
21	00:07:22	Niamh	McKinlay	F		Central AC
22	00:07:22	Eva	Cameron	F		Corstorphine AAC
23	00:07:23	Lauren	McPherson	F		Giffnock North AC
24	00:07:24	Katy	Donnelly	F		Giffnock North AC
25	00:07:26	Katie	Hedges	F		Falkirk Victoria Harriers
26	00:07:26	Chloe	Davies	F		Falkirk Victoria Harriers
27	00:07:26	Kayla	Dinnin	F		Nithsdale AC
28	00:07:28	Saoirse	Mcnulty	F		Giffnock North AC
29	00:07:29	Mia	Sokoluk	F		Livingston AC
30	00:07:32	Amy	Andrew	F		East Kilbride AC
31	00:07:34	Katie	Woods	F		Shettleston Harriers
32	00:07:35	Olivia	McNicol	F		Cambuslang Harriers
33	00:07:37	Eilidh	Hearn	F		Perth Strathtay Harriers
34	00:07:38	Hazel	O'Donoghue	F		Giffnock North AC
35	00:07:41	Jessica	Hendry	F		Gala Harriers
36	00:07:41	Zara	Kidd	F		Dundee Hawkhill Harriers
37	00:07:41	Anna	Kirk	F		Ayr Seaforth AC
38	00:07:42	Bethan	Kitchin	F		Lasswade AC
39	00:07:43	Alannah	Snowden	F		Livingston AC
40	00:07:43	Alayna	McCann	F		Law & District AAC
41	00:07:44	Olivia	Mahon	F		Kirkintilloch Olympians
42	00:07:44	Abbie	Little	F		Moorfoot Runners
43	00:07:45	Kate	MacPhail	F		Edinburgh AC
44	00:07:46	Iona Stroma	Hubbard	F		Ayr Seaforth AC
45	00:07:47	Rebekah	Lawman	F		Cumbernauld AAC
46	00:07:48	Natsai	Nyabadza	F		Harmeny AC
47	00:07:48	Ella	McWilliams	F		Giffnock North AC
48	00:07:49	Esther	Taylor	F		Harmeny AC
49	00:07:55	Leah	Brown	F		Central AC
50	00:08:00	Sarah-Jane	Kane	F		Falkirk Victoria Harriers

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 6th November 2021 2021 4KXC Results Provisional.xlsx 2021 Under15 Girls Lanark Racecourse, Lanark

Pos	Time	Forename	Surname	M/F	Cat	Club
51	00:08:02	Neve	Elliott	F		Hamilton & District AC
52	00:08:02	Taylor	More	F		Airdrie Harriers
53	00:08:03	Caitlin	McGeachy	F		Glasgow School of Sport
54	00:08:04	Ava	Mooney	F		Moorfoot Runners
55	00:08:04	Isla	Munro	F		Giffnock North AC
56	00:08:04	Robyn Abbie	Mckerracher	F		Central AC
57	00:08:04	Lucy	O'Donoghue	F		Giffnock North AC
58	00:08:05	Carys	Murrison	F		VP-Glasgow AC
59	00:08:05	Poppy	Bowers	F		Kilbarchan AAC
60	00:08:06	Anna	MacKay	F		Garscube Harriers
61	00:08:08	Sarah	McAllister	F		Aberdeen AAC
62	00:08:08	Lucy	McGrandle	F		Cambuslang Harriers
63	00:08:09	Katie	Sim	F		Aberdeen AAC
64	00:08:10	Annie	McLean	F		Glasgow School of Sport
65	00:08:12	Lara	Brechin	F		Harmeny AC
66	00:08:12	Summer	Taggart	F		Greenock Glenpark Harriers
67	00:08:12	Elizabeth	Burke	F		Kilbarchan AAC
68	00:08:13	Rachel	Mcphillips	F		Whitemoss AAC
69	00:08:13	Eloise	Scott	F		Lasswade AC
70	00:08:14	Iris	Nicoll	F		Dundee Hawkhill Harriers
71	00:08:14	Adele	Street	F		Kilbarchan AAC
72	00:08:16	Alice	Henderson	F		Garscube Harriers
73	00:08:17	Abby	Docherty	F		North Ayrshire AAC
74	00:08:18	Skye	Marshall	F		Harmeny AC
75	00:08:20	Katie	Burns	F		Shettleston Harriers
76	00:08:22	Lucie	Gibson	F		Falkirk Victoria Harriers
77	00:08:22	Beth	Allan	F		East Kilbride AC
78	00:08:24	Molly	Barr	F		Giffnock North AC
79	00:08:26	Molly	Hunter	F		Kilmarnock H&AC
80	00:08:26	Mhairi	Ballantyne	F		Kilmarnock H&AC
81	00:08:27	Eva	Cameron	F		Giffnock North AC
82	00:08:28	Nina	Padmanabhan	F		Garscube Harriers
83	00:08:29	Grace	Dinnes	F		Aberdeen AAC
84	00:08:30	Kayleigh	Pew	F		East Kilbride AC
85	00:08:30	Maria	McCabe	F		Greenock Glenpark Harriers
86	00:08:30	Hannah	Sluman	F		Giffnock North AC
87	00:08:36	Naideen	Dailly	F		North Ayrshire AAC
88	00:08:38	Charlotte	Clark	F		Kilbarchan AAC
89	00:08:40	Jennifer	MacMahon	F		Garscube Harriers
90	00:08:41	Meda Maria	Reivyitis	F		Harmeny AC
91	00:08:44	Katie	Fowler	F		East Kilbride AC
92	00:08:47	Erin	McEleny	F		Greenock Glenpark Harriers
93	00:09:02	Ava	Millican	F		Shettleston Harriers
94	00:09:04	Chloe	Fox	F		Shettleston Harriers
95	00:09:39	Erin	Digby	F		Giffnock North AC
96	00:09:40	Erin	Chapman	F		East Kilbride AC
97	00:09:40	Lexie	Martin	F		Giffnock North AC
98	00:09:42	Lucy	O'Neil	F		East Kilbride AC
99	00:10:01	Sarah	Toner	F		East Kilbride AC
100	00:10:18	Gabrielle	Paddison	F		Giffnock North AC

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 6th November 2021

2021 4KXC Results Provisional.xlsx U15G Teams

Lanark Racecourse, Lanark

Pos	Club	Points	Pos	Bib	Time	Name
1	Giffnock North AC	24	2	1051	0:06:48	Freya Campbell
			9	1054	0:07:05	Mili Macfarlane
			13	1064	0:07:07	Scarlett Wilson
2	East Kilbride AC	48	8	1022	0:07:04	Aimee Anderson
			10	1025	0:07:05	Rhianna Docherty
			30	1023	0:07:32	Amy Andrew
3	Falkirk Victoria Harriers	54	3	1039	0:06:52	Charlotte Horne
			25	1038	0:07:26	Katie Hedges
			26	1036	0:07:26	Chloe Davies
4	Edinburgh AC	68	11	1031	0:07:06	Dashka MacDonald
			14	1033	0:07:08	Megan McKay
			43	1032	0:07:45	Kate MacPhail
5	Kilbarchan AAC	68	4	1085	0:06:56	Amy Teasdale
			5	1083	0:06:58	Zara Redmond
			59	1080	0:08:05	Poppy Bowers
6	Moorfoot Runners	113	17	1102	0:07:13	Lola Lockyer
			42	1101	0:07:44	Abbie Little
			54	1103	0:08:04	Ava Mooney
7	Glasgow School of Sport	118	1	1065	0:06:44	Millie McClelland-Brooks
			53	1066	0:08:03	Caitlin McGeachy
			64	1067	0:08:10	Annie McLean
8	Central AC	126	21	1013	0:07:22	Niamh McKinlay
			49	1011	0:07:55	Leah Brown
			56	1012	0:08:04	Robyn Abbie Mckerracher
9	Lasswade AC	126	19	1091	0:07:16	Freya Mowbray
			38	1090	0:07:42	Bethan Kitchin
			69	1092	0:08:13	Eloise Scott
10	Aberdeen AAC	136	12	1002	0:07:07	Abby Farquhar
			61	1003	0:08:08	Sarah McAllister
			63	1005	0:08:09	Katie Sim
11	Harmeny AC	159	46	1075	0:07:48	Natsai Nyabadza
			48	1077	0:07:49	Esther Taylor
			65	1073	0:08:12	Lara Brechin
12	Shettleston Harriers	199	31	1112	0:07:34	Katie Woods
			75	1109	0:08:20	Katie Burns
			93	1111	0:09:02	Ava Millican
13	Garscube Harriers	214	60	1046	0:08:06	Anna MacKay
			72	1045	0:08:16	Alice Henderson
			82	1048	0:08:28	Nina Padmanabhan
14	Greenock Glenpark Harriers	243	66	1071	0:08:12	Summer Taggart
			85	1068	0:08:30	Maria McCabe
			92	1069	0:08:47	Erin McEleny

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 6th November 2021 2021 4KXC Results Provisional.xlsx 2021 Under15Boys Lanark Racecourse, Lanark

Pos	Time	Forename	Surname	M/F	Cat	Club
1	00:05:57	Oliver	Patton	M		Kilbarchan AAC
2	00:05:58	Rhys	Crawford	M		Aberdeen AAC
3	00:06:02	Luke	Culliton	M		Falkirk Victoria Harriers
4	00:06:04	Kieran	Fulton	M		Moorfoot Runners
5	00:06:08	Andrew	McWilliam	M		Lasswade AC
6	00:06:09	Alasdair	Nugent	M		Giffnock North AC
7	00:06:12	Jack	Wallace	M		Giffnock North AC
8	00:06:15	Andrew	Baird	M		Ross County AC
9	00:06:16	Thomas	Reynolds	M		Aberdeen AAC
10	00:06:24	Zico	Field	M		Gala Harriers
11	00:06:24	Patrick	Barnes	M		Edinburgh AC
12	00:06:25	Dylan	Daunt	M		Edinburgh AC
13	00:06:26	Rowan	Taylor	M		Lasswade AC
14	00:06:29	Oscar	Chirnside	M		Aberdeen AAC
15	00:06:29	Ryan	Kellock	M		Law & District AAC
16	00:06:31	James	Mowat	M		Giffnock North AC
17	00:06:32	Dan	McGuire	M		Harmeny AC
18	00:06:33	Andrew	Grant	M		Strathearn Harriers
19	00:06:33	Oliver	MacDonald	M		Giffnock North AC
20	00:06:34	James	Clark	M		VP-Glasgow AC
21	00:06:35	Matthew	Shaw	M		Giffnock North AC
22	00:06:36	Laurence	Ward	M		Edinburgh AC
23	00:06:36	Andrew	Shorts	M		Kilbarchan AAC
24	00:06:37	Finlay	McKay	M		Aberdeen AAC
25	00:06:38	James	Wotherspoon	M		Harmeny AC
26	00:06:38	Sam	McCarthy	M		Cambuslang Harriers
27	00:06:39	Ruari	Laskey	M		Giffnock North AC
28	00:06:40	Kieran	Hardie	M		Harmeny AC
29	00:06:41	Calan	Chong	M		Giffnock North AC
30	00:06:42	Ross	Christie	M		Gala Harriers
31	00:06:43	Angus	Millar	M		Springburn Harriers
32	00:06:44	Fraser	Lupton	M		Team East Lothian
33	00:06:44	Fraser	MacKenzie	M		Metro Aberdeen RC
34	00:06:45	Dair	Alexander	M		Harmeny AC
35	00:06:45	Jamie	Connor	M		East Kilbride AC
36	00:06:45	Jamie	Ferries	M		Metro Aberdeen RC
37	00:06:46	Aaron	Thomson	M		East Kilbride AC
38	00:06:48	Robert	Nicol	M		Garscube Harriers
39	00:06:48	Harris	McNicol	M		Kilmarnock H&AC
40	00:06:50	Cormac	Shiels	M		Giffnock North AC
41	00:06:51	Christopher	Black	M		Cambuslang Harriers
42	00:06:52	Iain	Jordan	M		Perth Strathtay Harriers
43	00:06:53	Matthew	Monachello	M		Kilmarnock H&AC
44	00:06:53	Grant	McEachern	M		Cumbernauld AAC
45	00:06:54	Struan	Gatherer	M		Perth Strathtay Harriers
46	00:06:56	Irvine	Welsh	M		Teviotdale Harriers
47	00:06:58	Sam	Walton	M		North Ayrshire AAC
48	00:06:58	George	Ross	M		Ross County AC
49	00:06:59	Thomas	Reay	M		Giffnock North AC
50	00:07:00	Alasdair	Maclean	M		Ayr Seaforth AC

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 6th November 2021 2021 4KXC Results Provisional.xlsx 2021 Under15Boys Lanark Racecourse, Lanark

Pos	Time	Forename	Surname	M/F	Cat	Club
51	00:07:00	Jonathan	Hunter	M		East Kilbride AC
52	00:07:01	Francis	Santangeli	M		East Kilbride AC
53	00:07:02	Ryan	McNamara	M		East Kilbride AC
54	00:07:04	Matthew	Gall	M		Helensburgh AAC
55	00:07:06	Joseph	Reilly	M		Shettleston Harriers
56	00:07:07	Lewis	Cook	M		Cambuslang Harriers
57	00:07:07	Fraser	McIntyre	M		Ayr Seaforth AC
58	00:07:08	Ben	Cuthill	M		Aberdeen AAC
59	00:07:10	Patrick	Snowden	M		Lasswade AC
60	00:07:10	Louis	Lazcano-Thornton	M		Corstorphine AAC
61	00:07:11	Adam	Clifford	M		Shettleston Harriers
62	00:07:13	Lewis	Andrews	M		Corstorphine AAC
63	00:07:14	Daniel	Simpson	M		Law & District AAC
64	00:07:16	Oliver	Wishart	M		Pitreavie AAC
65	00:07:17	Leo	Brockie	M		Ayr Seaforth AC
66	00:07:19	Cameron	Robertson	M		Nithsdale AC
67	00:07:20	Charlie	McAllister	M		Giffnock North AC
68	00:07:20	Lewis	Harrison	M		Corstorphine AAC
69	00:07:22	Ciaran	Muir	M		Whitemoss AAC
70	00:07:23	Andrew	Robinson	M		George Heriot's School
71	00:07:23	Archie	Watters	M		Springburn Harriers
72	00:07:28	Dylan	Edwards	M		East Kilbride AC
73	00:07:37	George	Insley	M		Metro Aberdeen RC
74	00:07:39	Finn	McCafferty	M		Cumbernauld AAC
75	00:07:42	Matthew	McQuaid	M		East Kilbride AC
76	00:07:44	Jude	McGuigan	M		Giffnock North AC
77	00:07:47	Nathan	Cairns	M		Kilbarchan AAC
78	00:07:52	Will	Heatlie	M		Lasswade AC
79	00:07:52	Steven	Cooper	M		Whitemoss AAC
80	00:07:59	Daniel	Owens	M		Garscube Harriers
81	00:08:04	Matthew	Fox	M		Shettleston Harriers
82	00:08:13	Christopher	Hargreaves	M		Garscube Harriers
83	00:08:31	David	Inglis	M		Kilmarnock H&AC
84	00:08:34	Finlay	Wilson	M		George Heriot's School
85	00:08:44	Haris	Wyart	M		VP-Glasgow AC
86	00:08:44	Kieran	Budd	M		East Kilbride AC
87	00:08:57	Owain	Thom	M		Metro Aberdeen RC
88	00:09:02	Jack	McInnes	M		Pitreavie AAC

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 6th November 2021

2021 4KXC Results Provisional.xlsx U15B Teams

Lanark Racecourse, Lanark

Pos	Club	Points	Pos	Bib	Runtime	Name
1	Aberdeen AAC	25	2	1121	0:05:58	Rhys Crawford
			9	1125	0:06:16	Thomas Reynolds
			14	1120	0:06:29	Oscar Chirside
2	Giffnock North AC	29	6	1174	0:06:09	Alasdair Nugent
			7	1178	0:06:12	Jack Wallace
			16	1173	0:06:31	James Mowat
3	Edinburgh AC	45	11	1149	0:06:24	Patrick Barnes
			12	1150	0:06:25	Dylan Daunt
			22	1151	0:06:36	Laurence Ward
4	Harmeny AC	70	17	1183	0:06:32	Dan McGuire
			25	1185	0:06:38	James Wotherspoon
			28	1181	0:06:40	Kieran Hardie
5	Lasswade AC	77	5	1195	0:06:08	Andrew McWilliam
			13	1197	0:06:26	Rowan Taylor
			59	1196	0:07:10	Patrick Snowden
6	Kilbarchan AAC	101	1	1189	0:05:57	Oliver Patton
			23	1190	0:06:36	Andrew Shorts
			77	1188	0:07:47	Nathan Cairns
7	East Kilbride AC	123	35	1141	0:06:45	Jamie Connor
			37	1148	0:06:46	Aaron Thomson
			51	1143	0:07:00	Jonathan Hunter
8	Cambuslang Harriers	123	26	1131	0:06:38	Sam McCarthy
			41	1129	0:06:51	Christopher Black
			56	1130	0:07:07	Lewis Cook
9	Metro Aberdeen RC	142	33	1203	0:06:44	Fraser MacKenzie
			36	1201	0:06:45	Jamie Ferries
			73	1202	0:07:37	George Insley
10	Kilmarnock H&AC	165	39	1192	0:06:48	Harris McNicol
			43	1193	0:06:53	Matthew Monachello
			83	1191	0:08:31	David Inglis
11	Ayr Seaforth AC	172	50	1127	0:07:00	Alasdair Maclean
			57	1128	0:07:07	Fraser McIntyre
			65	1126	0:07:17	Leo Brockie
12	Corstorphine AAC	190	60	1137	0:07:10	Louis Lazcano-Thornton
			62	1133	0:07:13	Lewis Andrews
			68	1134	0:07:20	Lewis Harrison
13	Shettleston Harriers	197	55	1219	0:07:06	Joseph Reilly
			61	1216	0:07:11	Adam Clifford
			81	1218	0:08:04	Matthew Fox
14	Garscube Harriers	200	38	1157	0:06:48	Robert Nicol
			80	1158	0:07:59	Daniel Owens
			82	1156	0:08:13	Christopher Hargreaves

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 6th November 2021 2021 4KXC Results Provisional.xlsx 2021Under17Women Lanark Racecourse, Lanark

Pos	Time	Forename	Surname	M/F	Cat	Club
1	00:10:59	Louisa	Brown	F		Garscube Harriers
2	00:11:35	Katie	Christie	F		Falkirk Victoria Harriers
3	00:11:40	Maja	Thomson	F		Team East Lothian
4	00:11:46	Esme	Dougall	F		Giffnock North AC
5	00:11:51	Olivia	Meikle	F		Lasswade AC
6	00:11:53	Millie	Nicholl	F		Cambuslang Harriers
7	00:12:00	Katie	Johnson	F		Edinburgh AC
8	00:12:02	Hannah	Taylor	F		Aberdeen AAC
9	00:12:05	Beth	Urquhart	F		Moray RR
10	00:12:05	Kate	Paul	F		Giffnock North AC
11	00:12:07	Anise	Macaulay Orr	F		Edinburgh AC
12	00:12:10	Grace	MacDonald	F		Aberdeen AAC
13	00:12:13	Emma	McLennan	F		Giffnock North AC
14	00:12:16	Caitlyn	Christie	F		Falkirk Victoria Harriers
15	00:12:19	Lauren	Doney	F		Corstorphine AAC
16	00:12:21	Aimee	Tawse	F		Aberdeen AAC
17	00:12:25	Beth	Trainer	F		Garscube Harriers
18	00:12:29	Skye	Rae	F		Nithsdale AC
19	00:12:33	Erin	Hendry	F		Falkirk Victoria Harriers
20	00:12:39	Fiona	Currie	F		Law & District AAC
21	00:12:44	Katie	Slimon	F		Glasgow School of Sport
22	00:12:46	Rachel	Giffen	F		Springburn Harriers
23	00:12:53	Amy	Crawford	F		Corstorphine AAC
24	00:12:54	Olivia	Boyle	F		Whitemoss AAC
25	00:12:55	Chrissie	Francis	F		Garscube Harriers
26	00:13:02	Abbie	McClue	F		Cambuslang Harriers
27	00:13:04	Ruby	McGill	F		Greenock Glenpark Harriers
28	00:13:04	Alexandra	Cathie	F		Whitemoss AAC
29	00:13:05	Ruth	Burns	F		Aberdeen AAC
30	00:13:15	Yuki	Faulds	F		Law & District AAC
31	00:13:17	Islay	Hubbard	F		Ayr Seaforth AC
32	00:13:23	Katie	Kilpatrick	F		Nithsdale AC
33	00:13:30	Eva	Ritchie	F		Cambuslang Harriers
34	00:13:41	Eilidh	Kennedy	F		Cambuslang Harriers
35	00:13:46	Charlotte	Narducci	F		Aberdeen AAC
36	00:13:48	Sophie	McColm	F		Ayr Seaforth AC
37	00:13:52	Ayumi	Faulds	F		Law & District AAC
38	00:13:58	Kirstin	Grant	F		Aberdeen AAC
39	00:14:02	Megan	Smith	F		Giffnock North AC
40	00:14:08	Molly	Fairfield	F		Pitreavie AAC
41	00:14:09	Erin	Ellor	F		Shettleston Harriers
42	00:14:17	Lucy	Hoy	F		Kilmarnock H&AC
43	00:14:18	Millie	Eatherington	F		East Kilbride AC
44	00:14:20	Amanda	Quinn	F		Law & District AAC
45	00:14:43	Jessica	Grant	F		Shettleston Harriers
46	00:14:50	Elsa	Parnaby	F		Banchory Stonehaven AC
47	00:15:05	Zosia	Paddon	F		Central AC
48	00:15:08	Hanna	Liddle	F		Kirkintilloch Olympians
49	00:15:21	Kirsten	Morris	F		Livingston AC
50	00:15:23	Izzy	Caufield	F		Kilmarnock H&AC
51	00:16:32	Abbigael	Crawford	F		Greenock Glenpark Harriers

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 6th November 2021

2021 4KXC Results Provisional.xlsx U17W Teams

Lanark Racecourse, Lanark

Pos	Club	Points	Pos	Bib	Runtime	Name
1	Giffnock North AC	27	4	816	0:11:46	Esme Dougall
			10	819	0:12:05	Kate Paul
			13	817	0:12:13	Emma McLennan
2	Falkirk Victoria Harriers	35	2	808	0:11:35	Katie Christie
			14	807	0:12:16	Caitlyn Christie
			19	809	0:12:33	Erin Hendry
3	Aberdeen AAC	36	8	792	0:12:02	Hannah Taylor
			12	788	0:12:10	Grace MacDonald
			16	791	0:12:21	Aimee Tawse
4	Garscube Harriers	43	1	812	0:10:59	Louisa Brown
			17	815	0:12:25	Beth Trainer
			25	813	0:12:55	Chrissie Francis
5	Cambuslang Harriers	65	6	798	0:11:53	Millie Nicholl
			26	797	0:13:02	Abbie McClue
			33	799	0:13:30	Eva Ritchie
6	Law & District AAC	87	20	833	0:12:39	Fiona Currie
			30	835	0:13:15	Yuki Faulds
			37	834	0:13:52	Ayumi Faulds

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 6th November 2021 2021 4KXC Results Provisional.xlsx 2021 Under17Men Lanark Racecourse, Lanark

Pos	Time	Forename	Surname	M/F	Cat	Club
1	00:09:42	Reuben	Macdonald	M		Giffnock North AC
2	00:09:44	Tendai	Nyabadza	M		Harmeny AC
3	00:09:45	Corey	Campbell	M		Team East Lothian
4	00:09:54	Fraser	Gilmour	M		VP-Glasgow AC
5	00:09:59	Jamie	Phillips	M		Kilmarnock H&AC
6	00:10:01	Connor	Bell	M		Central AC
7	00:10:01	Conan	Harper	M		Teviotdale Harriers
8	00:10:03	Cameron	Deverill	M		Giffnock North AC
9	00:10:10	Ewan	Christie	M		Gala Harriers
10	00:10:13	Reiss	Marshall	M		Fife AC
11	00:10:15	Alasdair	Wallace	M		Harmeny AC
12	00:10:16	Luke	Lindsay	M		Kilbarchan AAC
13	00:10:17	Jonathon	Downey	M		Kilmarnock H&AC
14	00:10:19	Finlay	Ross	M		Harmeny AC
15	00:10:19	Logan	Beagley	M		Livingston AC
16	00:10:20	Harris	Pagett	M		Strathearn Harriers
17	00:10:22	Aidan	Page	M		Team East Lothian
18	00:10:23	Angus	Wright	M		Team East Lothian
19	00:10:31	Oscar	Logan	M		Law & District AAC
20	00:10:33	Josh	Adams	M		Giffnock North AC
21	00:10:38	Ethan	Lorimer	M		Harmeny AC
22	00:10:38	David	Woods	M		Shettleston Harriers
23	00:10:39	Jordan	Phillips	M		Kilmarnock H&AC
24	00:10:44	Matthew	Knak	M		Giffnock North AC
25	00:10:45	Caiden	Thom	M		Metro Aberdeen RC
26	00:10:46	Ruairidh	Williams	M		Corstorphine AAC
27	00:10:49	Harry	McDougall-Smith	M		Garscube Harriers
28	00:10:49	Lewis	Roddis	M		Cambuslang Harriers
29	00:10:51	Aleksandar	Jovcic	M		Aberdeen AAC
30	00:10:53	Matthew	Cox	M		Giffnock North AC
31	00:10:55	Jonathan	Dow	M		Cambuslang Harriers
32	00:10:57	Finlay	Robb	M		Cambuslang Harriers
33	00:10:58	Gregor	Hunter	M		Falkirk Victoria Harriers
34	00:11:03	Patrick	Milne	M		Corstorphine AAC
35	00:11:03	Caleb	Brock	M		Aberdeen AAC
36	00:11:07	Glen	Griffiths	M		Giffnock North AC
37	00:11:08	Jude	Dolan	M		Greenock Glenpark Harriers
38	00:11:12	Cameron	Rankine	M		Gala Harriers
39	00:11:13	Alastair	Scott	M		Lasswade AC
40	00:11:14	Calum	Charters	M		East Kilbride AC
41	00:11:15	Logan	Whitton	M		Law & District AAC
42	00:11:19	Hugh	Borthwick	M		Garscube Harriers
43	00:11:20	Archie	Irwin	M		Harmeny AC
44	00:11:21	Innes	McPherson	M		Giffnock North AC
45	00:11:23	Craig	Cherrie	M		Law & District AAC
46	00:11:24	Callum	Paterson	M		VP-Glasgow AC
47	00:11:24	Callum	MacDonald	M		Garscube Harriers
48	00:11:27	Crawford	Smith	M		Kirkintilloch Olympians
49	00:11:32	James	Leaf	M		Giffnock North AC
50	00:11:35	Ben	Campbell	M		Greenock Glenpark Harriers

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 6th November 2021 2021 4KXC Results Provisional.xlsx 2021 Under 17 Men Lanark Racecourse, Lanark

Pos	Time	Forename	Surname	M/F	Cat	Club
51	00:11:35	Connor	Scobie	M		Ayr Seaforth AC
52	00:11:35	Liam	Proctor	M		Metro Aberdeen RC
53	00:11:38	Murray	Scott	M		Metro Aberdeen RC
54	00:11:39	Calum	Mackenzie	M		Cumbernauld AAC
55	00:11:40	Keir	Arthur	M		Inverclyde AC
56	00:11:40	Joe	McDermott	M		George Heriot's School
57	00:11:41	Jamie	Davidson	M		Giffnock North AC
58	00:11:41	Tommy	Thin	M		George Heriot's School
59	00:11:44	Kyle	Johnstone	M		Greenock Glenpark Harriers
60	00:11:55	Dean	Hill	M		Larkhall YMCA Harriers
61	00:11:55	Sam	Kitchin	M		Lasswade AC
62	00:12:11	Lewis	Thorpe	M		East Kilbride AC
63	00:12:24	Cameron	Johnston	M		Pitreavie AAC
64	00:12:28	Euan	Anderson	M		Law & District AAC
65	00:12:31	Joshua	Mirtle	M		Ayr Seaforth AC
66	00:12:48	Archie	Hendry	M		Gala Harriers
67	00:12:50	Daniel	Logan	M		Helensburgh AAC
68	00:13:20	William	Scott	M		Helensburgh AAC
69	00:13:27	Cameron	Finlayson	M		Cambuslang Harriers
70	00:13:41	Ciaran	Parry	M		George Heriot's School
71	00:14:08	Dean	Edmonds	M		Cambuslang Harriers
72	00:14:32	Jonathan	O'kane	M		Cambuslang Harriers

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 6th November 2021

2021 4KXC Results Provisional.xlsx U17M Teams

Lanark Racecourse, Lanark

Pos	Club	Points	Pos	Bib	Runtime	Name
1	Harmeny AC	27	2	915	0:09:44	Tendai Nyabadza
			11	917	0:10:15	Alasdair Wallace
			14	916	0:10:19	Finlay Ross
2	Giffnock North AC	29	1	905	0:09:42	Reuben Macdonald
			8	901	0:10:03	Cameron Deverill
			20	898	0:10:33	Josh Adams
3	Team East Lothian	38	3	945	0:09:45	Corey Campbell
			17	947	0:10:22	Aidan Page
			18	949	0:10:23	Angus Wright
4	Kilmarnock H&AC	41	5	923	0:09:59	Jamie Phillips
			13	922	0:10:17	Jonathon Downey
			23	924	0:10:39	Jordan Phillips
5	Cambuslang Harriers	91	28	872	0:10:49	Lewis Roddis
			31	866	0:10:55	Jonathan Dow
			32	871	0:10:57	Finlay Robb
6	Law & District AAC	105	19	931	0:10:31	Oscar Logan
			41	932	0:11:15	Logan Whitton
			45	930	0:11:23	Craig Cherrie
7	Gala Harriers	113	9	886	0:10:10	Ewan Christie
			38	888	0:11:12	Cameron Rankine
			66	887	0:12:48	Archie Hendry
8	Garscube Harriers	116	27	891	0:10:49	Harry McDougall-Smith
			42	889	0:11:19	Hugh Borthwick
			47	890	0:11:24	Callum MacDonald
9	Metro Aberdeen RC	130	25	938	0:10:45	Caiden Thom
			52	936	0:11:35	Liam Proctor
			53	937	0:11:38	Murray Scott
10	Greenock Glenpark Harriers	146	37	911	0:11:08	Jude Dolan
			50	910	0:11:35	Ben Campbell
			59	912	0:11:44	Kyle Johnstone
11	George Heriot's School	184	56	894	0:11:40	Joe McDermott
			58	897	0:11:41	Tommy Thin
			70	895	0:13:41	Ciaran Parry

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 6th November 2021 2021 4KXC Results Provisional.xlsx 2021 Senior Women Lanark Racecourse, Lanark

Pos	Time	Forename	Surname	M/F	Cat	Club
1	00:13:09	Laura	Muir	F		Dundee Hawkhill Harriers
2	00:13:18	Morag	Millar	F		Central AC
3	00:13:18	Eloise	Walker	F		Glasgow University Hares and Hounds
4	00:13:22	Megan	Keith	F	20	Edinburgh Univ Hare and Hounds
5	00:14:07	Annabel	Simpson	F		Fife AC
6	00:14:11	Nynke	Mulholland	F		Inverclyde AC
7	00:14:13	Katie	Lowery	F		Edinburgh Univ Hare and Hounds
8	00:14:18	Catriona	MacDonald	F		Bellahouston RR
9	00:14:18	Sarah	Tait	F		Lasswade AC
10	00:14:19	Isla	Calvert	F	20	Edinburgh Univ Hare and Hounds
11	00:14:20	Jenny	Selman	F		Fife AC
12	00:14:20	Hannah	Anderson	F	20	Edinburgh Univ Hare and Hounds
13	00:14:23	Beth	Ansell	F		Edinburgh AC
14	00:14:23	Holly	Little	F		VP-Glasgow AC
15	00:14:25	Gillian	Black	F		VP-Glasgow AC
16	00:14:28	Megan	Crawford	F		Fife AC
17	00:14:37	Amy	Frankland	F		Lasswade AC
18	00:14:38	Kirsty	Purcell	F	20	Edinburgh Univ Hare and Hounds
19	00:14:43	Hannah	Cameron	F		Aberdeen AAC
20	00:14:46	Pippa	Carcas	F	20	Edinburgh AC
21	00:14:47	Louise	Hastie	F	20	Kilbarchan AAC
22	00:14:48	Olivia	Vareille	F		Edinburgh Univ Hare and Hounds
23	00:14:53	Yvonne	McNairn	F		Giffnock North AC
24	00:15:00	Lauren	Stoddart	F		Edinburgh AC
25	00:15:00	Fiona	Bunn	F		Edinburgh Univ Hare and Hounds
26	00:15:00	Kirstin	Maxwell	F		Corstorphine AAC
27	00:15:00	Kayleigh	Jarrett	F		Shettleston Harriers
28	00:15:02	Eve	MacKinnon	F		Cambuslang Harriers
29	00:15:03	Jillian	Stephen	F	40	Hunters Bog Trotters
30	00:15:04	Emily	McNicol	F		Law & District AAC
31	00:15:06	Zoe	Bates	F		Aberdeen AAC
32	00:15:07	Ellen	Crombie	F		Edinburgh Univ Hare and Hounds
33	00:15:07	Rebekah	Russell	F		Bellahouston RR
34	00:15:08	Anna	Dalglish	F	20	Glasgow University Hares and Hounds
35	00:15:08	Matilda	Cornall	F		Glasgow University Hares and Hounds
36	00:15:10	Charlotte	McKenna	F		Glasgow University Hares and Hounds
37	00:15:11	Grace	Pow	F		Edinburgh Univ Hare and Hounds
38	00:15:12	Lesley	Bell	F	40	Garscube Harriers
39	00:15:13	Katie	Phillips	F		Central AC
40	00:15:13	Caitlin	Purcell	F	20	Edinburgh Univ Hare and Hounds
41	00:15:14	Hannah	Terrance	F		Springburn Harriers
42	00:15:17	Becky	Dunphy	F		VP-Glasgow AC
43	00:15:19	Grace	Tindall	F	20	Central AC
44	00:15:20	Madeleine	Watson	F		Law & District AAC
45	00:15:22	Aoife	Carr	F		Glasgow University Hares and Hounds
46	00:15:23	Heather	Scott	F		Central AC
47	00:15:24	Aimee	Callow	F	20	Edinburgh Univ Hare and Hounds
48	00:15:25	Rachel	Gibson	F		North Down AC
49	00:15:27	Jade	Maclaren	F		Aberdeen AAC
50	00:15:28	Avril	Mason	F	40	Shettleston Harriers

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 6th November 2021 2021 4KXC Results Provisional.xlsx 2021 Senior Women Lanark Racecourse, Lanark

Pos	Time	Forename	Surname	M/F	Cat	Club
51	00:15:30	Janet	Dunbar	F	50	Edinburgh AC
52	00:15:33	Alicia	Paton	F		Cumbernauld AAC
53	00:15:34	Lesley	Blackwood	F		Cambuslang Harriers
54	00:15:40	Kirstian	Macaulay	F		Corstorphine AAC
55	00:15:42	Frances	Wardle	F		Garscube Harriers
56	00:15:42	Niamh	Carr	F		Edinburgh Univ Hare and Hounds
57	00:15:46	Daisy	Cumming	F	20	Dunfermline Track & Field AC
58	00:15:46	Ruth	Joss	F		Shettleston Harriers
59	00:15:47	Mhairi	Ferguson	F		Edinburgh AC
60	00:15:49	Clare	Stewart	F		Glasgow University Hares and Hounds
61	00:15:50	Elaine	Eadie	F		Edinburgh AC
62	00:15:50	Alexandra	Kiltie	F		Edinburgh Univ Hare and Hounds
63	00:15:52	Ella	Revitt	F		Edinburgh Univ Hare and Hounds
64	00:15:54	Kristin	Lownie	F		PH Racing Club
65	00:15:56	Jessica	Robson	F	20	Stirling University AC
66	00:16:04	Laura	Stark	F		Edinburgh Univ Hare and Hounds
67	00:16:05	Allie	Chong	F	50	Giffnock North AC
68	00:16:11	Tara	Walker	F		Glasgow University Hares and Hounds
69	00:16:13	Claire	Houston	F	40	Central AC
70	00:16:14	Hannah	Morrison	F		Edinburgh Univ Hare and Hounds
71	00:16:15	Holly	Smith	F		Garscube Harriers
72	00:16:15	Fiona	Matheson	F	60	Falkirk Victoria Harriers
73	00:16:15	Ailie	McGowan	F		Edinburgh AC
74	00:16:17	Julie	Menzies	F	40	PH Racing Club
75	00:16:17	Carolyn	Cameron	F		Edinburgh AC
76	00:16:18	Gillian	Blee	F	40	Garscube Harriers
77	00:16:18	Jennifer	MacLean	F	40	Edinburgh AC
78	00:16:18	Ana	Richardson	F	50	West End RR
79	00:16:20	Zoe	Flower	F	20	Giffnock North AC
80	00:16:23	Emma	Baird	F		Glasgow University Hares and Hounds
81	00:16:24	Emily	Crusher	F		Glasgow University Hares and Hounds
82	00:16:26	Flora	Henry	F	20	Team East Lothian
83	00:16:30	Morven	Hubbard	F	20	Ayr Seaforth AC
84	00:16:31	Josie-Wren	Golder	F	20	Corstorphine AAC
85	00:16:33	Grace	Binnie	F		VP-Glasgow AC
86	00:16:35	Kerry	Gibson	F		Fife AC
87	00:16:35	Cara	Baldwin	F	20	Edinburgh Univ Hare and Hounds
88	00:16:38	Abi	Hammerman	F	20	Inverclyde AC
89	00:16:39	Rebecca	Younv	F	20	Glasgow University Hares and Hounds
90	00:16:41	Roisin	Cameron Coyle	F	20	Strathclyde Univ Harriers
91	00:16:43	Megan	Smith	F		Corstorphine AAC
92	00:16:44	Reagan	Binnie	F		Law & District AAC
93	00:16:44	Katherine	Hylands	F		Bellahouston Harriers
94	00:16:45	Morven	MacAllister	F		Edinburgh AC
95	00:16:46	Emily	Tomasso	F	40	Garscube Harriers
96	00:16:50	Sophie	Young	F		Stirling University AC
97	00:16:51	Karen	Patel	F	40	West End RR
98	00:16:52	Frances	Lowrie	F		Giffnock North AC
99	00:16:55	Maisie	Ballantyne	F	20	Teviotdale Harriers
100	00:17:01	Louise	Millar	F	40	Pitreavie AAC

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 6th November 2021 2021 4KXC Results Provisional.xlsx 2021 Senior Women Lanark Racecourse, Lanark

Pos	Time	Forename	Surname	M/F	Cat	Club
101	00:17:02	Vivien	Thorpe	F	40	East Kilbride AC
102	00:17:04	Angel	Grimes McTavish	F		Glasgow University Hares and Hounds
103	00:17:04	Kelly	Baillie	F	40	East Kilbride AC
104	00:17:05	Gillian	Lunn	F	40	Gala Harriers
105	00:17:06	Carla	McLellan	F		Cumbernauld AAC
106	00:17:07	Marian	Monk	F	40	Greenock Glenpark Harriers
107	00:17:08	Julie	Wilson	F	50	Inverness Harriers AAC
108	00:17:09	Kristina	Greig	F		Bellahouston Harriers
109	00:17:11	Emma	Craig	F		Newton Road Runners
110	00:17:11	Maria	Boland	F		Edinburgh AC
111	00:17:12	Sarah	Scott	F		Edinburgh AC
112	00:17:13	Shona	Donnelly	F	50	Giffnock North AC
113	00:17:16	Lisa	Christy	F		Corstorphine AAC
114	00:17:17	Beth	Shearer	F		Newton Road Runners
115	00:17:19	Sharon	Mcnicol	F	40	Kilmarnock H&AC
116	00:17:20	Lesley	Graham	F		Law & District AAC
117	00:17:20	Aimee Claire	Anderson	F	20	Inverclyde AC
118	00:17:20	Fiona	Callaghan	F		Dundee Road Runners
119	00:17:21	Karen	Dobbie	F	50	Edinburgh AC
120	00:17:22	Emma	Rogerson	F		Bellahouston Harriers
121	00:17:22	Emma	Morris	F		Motherwell AC
122	00:17:23	Kirsty	O'Brien	F		Cambuslang Harriers
123	00:17:27	Isobel	Joiner	F	40	Edinburgh AC
124	00:17:29	Alison	Sutherland	F		Fife AC
125	00:17:29	Jilly	McKay	F		Corstorphine AAC
126	00:17:30	Poppy	Anderson	F	20	Stirling University AC
127	00:17:34	Jennifer	Beattie	F		Kilmarnock H&AC
128	00:17:35	Eilidh	Fitzgibbon	F		Garscube Harriers
129	00:17:37	Fiona	Canavan	F		Dundee Road Runners
130	00:17:38	Mia	Padmanabhan	F	20	Glasgow University Hares and Hounds
131	00:17:39	Kirsty	Mann	F		Shettleston Harriers
132	00:17:43	Eilidh	Ballantyne	F	20	Kilmarnock H&AC
133	00:17:45	Donna	Finlayson	F		VP-Glasgow AC
134	00:17:46	Hilary	Carswell	F	50	Giffnock North AC
135	00:17:48	Laura	Ritchie	F		Bellahouston Harriers
136	00:17:50	Ilona	Kriauzaite	F		Metro Aberdeen RC
137	00:17:50	Tyler	Curley	F	20	Stirling University AC
138	00:17:53	Andrea	Cameron	F	40	Lothian RC
139	00:17:54	Janine	Porter	F		Bellahouston Harriers
140	00:17:56	Claire	McCormick	F	50	Bellahouston Harriers
141	00:17:58	Martha	Lovatt	F		Garscube Harriers
142	00:17:59	Victoria	Brown	F	40	Aberdeen AAC
143	00:18:03	Louise	Adams	F		Edinburgh Univ Hare and Hounds
144	00:18:04	Sarah	Paterson	F		Ayr Seaforth AC
145	00:18:06	Louise	Menzies	F	40	Dundee Road Runners
146	00:18:09	Amanda	Bryden	F		Kilmarnock H&AC
147	00:18:13	Michelle	Johnstone	F	40	Fife AC
148	00:18:16	Kim	Anderson	F		Harmeny AC
149	00:18:17	Joanne	Thorburn	F	40	Newton Road Runners
150	00:18:17	Emma	Livingstone	F	20	East Kilbride AC

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 6th November 2021 2021 4KXC Results Provisional.xlsx 2021 Senior Women Lanark Racecourse, Lanark

Pos	Time	Forename	Surname	M/F	Cat	Club
151	00:18:18	Kathryn	Scott	F	50	Garscube Harriers
152	00:18:22	Fiona	Vaughan	F		Giffnock North AC
153	00:18:23	Joy	Gudgin	F	50	Carnegie Harriers
154	00:18:25	Amy	Bristow	F		VP-Glasgow AC
155	00:18:29	Eilidh	Boyd	F		Stirling University AC
156	00:18:33	Gillian	Hannah	F	50	Ayr Seaforth AC
157	00:18:39	Lesley	McArdle	F		Cambuslang Harriers
158	00:18:44	Jennifer	Beattie	F		Law & District AAC
159	00:18:45	Hayley	Drysdale	F		Bellahouston RR
160	00:18:45	Katie	Flett	F	20	Helensburgh AAC
161	00:18:48	Julia	Johnstone	F	50	Gala Harriers
162	00:18:48	Carole	Fortune	F	50	Gala Harriers
163	00:18:48	Frances	Ferguson	F	50	Calderglen Harriers
164	00:18:49	Hannah	McMahon	F		Stirling University AC
165	00:18:51	Alison	Mackenzie	F		Bellahouston Harriers
166	00:18:51	Laura	Kyle	F		Edinburgh AC
167	00:18:52	Nicola	Mcguire	F	40	Harmeny AC
168	00:18:53	Charlotte	Moran	F		Linlithgow AC
169	00:18:54	Ann	White	F	70	Garscube Harriers
170	00:19:00	Clare	Graham	F	50	PH Racing Club
171	00:19:02	Catriona	Padmanabhan	F	40	Garscube Harriers
172	00:19:08	Pauline	Wright	F	50	Bellahouston RR
173	00:19:13	Frances	Wood	F	60	Linlithgow AC
174	00:19:14	Jacqueline	McLew	F	50	Cambuslang Harriers
175	00:19:23	Kate	Kitchin	F	40	Ferranti AAC
176	00:19:25	Eileen	Maxwell	F	50	Gala Harriers
177	00:19:27	Rachael	Thomson	F		East Kilbride AC
178	00:19:28	Verity	Powell	F		Edinburgh AC
179	00:19:28	Laura	Wilkinson	F		Bellahouston RR
180	00:19:29	Gayle	Kennedy	F	40	Giffnock North AC
181	00:19:35	Anne	Campbell	F	40	Bellahouston RR
182	00:19:38	Lynsey	Mooney	F		Greenock Glenpark Harriers
183	00:19:42	Camilla	Cunningham	F		Bellahouston RR
184	00:19:45	Stephanie	Rudd	F	40	Bellahouston Harriers
185	00:19:46	Marianne	McKay	F	40	Greenock Glenpark Harriers
186	00:19:50	Lyndsay	Holden	F	40	Harmeny AC
187	00:19:51	Rachel	Wardrope	F	20	Cambuslang Harriers
188	00:20:09	Angela	Campbell	F	40	Bellahouston Harriers
189	00:20:12	Susan	Ross	F	50	Harmeny AC
190	00:20:13	Beth	Murrison	F	40	West End RR
191	00:20:14	Charlotte	Hendry	F	40	Gala Harriers
192	00:20:17	Emily	Jackson	F		Bellahouston RR
193	00:20:18	Helen	Mortimer	F		Glasgow University Hares and Hounds
194	00:20:20	Cheryl	Thomas	F	40	Greenock Glenpark Harriers
195	00:20:23	Karen	Littlejohn	F		Dumfries RC
196	00:20:25	Phyllis	Hands	F	60	Motherwell AC
197	00:20:34	Susan	Irwin	F	50	Harmeny AC
198	00:20:35	Elaine	Macleod	F	50	West End RR
199	00:20:35	Roz	Wilson	F	50	Bellahouston RR
200	00:20:35	Morgan	Beaton	F		Calderglen Harriers

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 6th November 2021 2021 4KXC Results Provisional.xlsx 2021 Senior Women Lanark Racecourse, Lanark

Pos	Time	Forename	Surname	M/F	Cat	Club
201	00:20:44	Sinead	Gallagher	F		Edinburgh AC
202	00:20:52	Ruth	Kirk	F	50	Ayr Seaforth AC
203	00:20:54	Morna	Fleming	F	60	Pitreavie AAC
204	00:20:59	Gemma	Kirwan	F	50	East Kilbride AC
205	00:20:59	Catriona	Gourley	F	50	Giffnock North AC
206	00:21:05	Morag	Casey	F	40	Garscube Harriers
207	00:21:09	Lynne	Cairns	F		West End RR
208	00:21:21	Catherine	Laurence	F		Bellahouston RR
209	00:21:27	Sheila	MacAllister	F	60	Edinburgh AC
210	00:21:27	Karen	Forsyth	F		Carnegie Harriers
211	00:21:41	Madeleine	Chadwick	F	40	West End RR
212	00:22:24	Sarah	Smith	F	40	Giffnock North AC
213	00:22:27	Sarah	Edgar	F		Bellahouston RR
214	00:22:30	Margaret	Newell	F		Law & District AAC
215	00:22:43	Sandra	Devine	F	50	Greenock Glenpark Harriers
216	00:23:31	Katrin	Eldholm	F		Stirling University AC
217	00:23:49	Elaine	Medinelli	F	50	Greenock Glenpark Harriers
218	00:23:58	Susan	Bothwell	F	60	Perth RR
219	00:24:15	Kathryn	Burningham	F	50	Bellahouston Harriers
220	00:25:45	Jasmine	Shields	F		Bellahouston Harriers

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 6th November 2021

2021 4KXC Results Provisional.xlsx SW Teams

Lanark Racecourse, Lanark

Pos	Club	Points	Pos	Bib	Time	Name
1	Edinburgh Univ Hare and Hounds	33	4	1248	0:13:22	Megan Keith
			7	632	0:14:13	Katie Lowery
			10	1244	0:14:19	Isla Calvert
			12	1241	0:14:20	Hannah Anderson
2	Glasgow University Hares and Hounds	108	3	693	0:13:18	Eloise Walker
			34	1254	0:15:08	Anna Dalgligh
			35	683	0:15:08	Matilda Cornall
			36	687	0:15:10	Charlotte McKenna
3	Edinburgh AC	108	13	606	0:14:23	Beth Ansell
			20	1240	0:14:46	Pippa Carcas
			24	624	0:15:00	Lauren Stoddart
			51	611	0:15:30	Janet Dunbar
4	Fife AC	118	5	649	0:14:07	Annabel Simpson
			11	648	0:14:20	Jenny Selman
			16	643	0:14:28	Megan Crawford
			86	644	0:16:35	Kerry Gibson
5	Central AC	130	2	577	0:13:18	Morag Millar
			39	578	0:15:13	Katie Phillips
			43	1234	0:15:19	Grace Tindall
			46	579	0:15:23	Heather Scott
6	VP-Glasgow AC	156	14	774	0:14:23	Holly Little
			15	770	0:14:25	Gillian Black
			42	772	0:15:17	Becky Dunphy
			85	769	0:16:33	Grace Binnie
7	Garscube Harriers	240	38	657	0:15:12	Lesley Bell
			55	666	0:15:42	Frances Wardle
			71	664	0:16:15	Holly Smith
			76	658	0:16:18	Gillian Blee
8	Aberdeen AAC	241	19	517	0:14:43	Hannah Cameron
			31	515	0:15:06	Zoe Bates
			49	519	0:15:27	Jade Maclaren
			142	516	0:17:59	Victoria Brown
9	Corstorphine AAC	255	26	585	0:15:00	Kirstin Maxwell
			54	584	0:15:40	Kirstian Macaulay
			84	1235	0:16:31	Josie-Wren Golder
			91	587	0:16:43	Megan Smith
10	Shettleston Harriers	266	27	757	0:15:00	Kayleigh Jarrett
			50	761	0:15:28	Avril Mason
			58	758	0:15:46	Ruth Joss
			131	760	0:17:39	Kirsty Mann
11	Giffnock North AC	267	23	676	0:14:53	Yvonne McNairn
			67	669	0:16:05	Allie Chong
			79	1253	0:16:20	Zoe Flower
			98	675	0:16:52	Frances Lowrie

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 6th November 2021

2021 4KXC Results Provisional.xlsx SW Teams

Lanark Racecourse, Lanark

Pos	Club	Points	Pos	Bib	Time	Name
12	Law & District AAC	282	30	729	0:15:04	Emily McNicol
			44	731	0:15:20	Madeleine Watson
			92	727	0:16:44	Reagan Binnie
			116	728	0:17:20	Lesley Graham
13	Cambuslang Harriers	360	28	568	0:15:02	Eve MacKinnon
			53	565	0:15:34	Lesley Blackwood
			122	571	0:17:23	Kirsty O'Brien
			157	569	0:18:39	Lesley McArdle
14	Bellahouston RR	372	8	551	0:14:18	Catriona MacDonald
			33	554	0:15:07	Rebekah Russell
			159	544	0:18:45	Hayley Drysdale
			172	558	0:19:08	Pauline Wright
15	Stirling University AC	424	65	1269	0:15:56	Jessica Robson
			96	766	0:16:50	Sophie Young
			126	1266	0:17:30	Poppy Anderson
			137	1267	0:17:50	Tyler Curley
16	Bellahouston Harriers	456	93	533	0:16:44	Katherine Hylands
			108	532	0:17:09	Kristina Greig
			120	538	0:17:22	Emma Rogerson
			135	537	0:17:48	Laura Ritchie
17	Kilmarnock H&AC	520	115	721	0:17:19	Sharon Mcnicol
			127	718	0:17:34	Jennifer Beattie
			132	1263	0:17:43	Eilidh Ballantyne
			146	719	0:18:09	Amanda Bryden
18	East Kilbride AC	531	101	605	0:17:02	Vivien Thorpe
			103	601	0:17:04	Kelly Baillie
			150	1238	0:18:17	Emma Livingstone
			177	604	0:19:27	Rachael Thomson
19	West End RR	563	78	784	0:16:18	Ana Richardson
			97	782	0:16:51	Karen Patel
			190	780	0:20:13	Beth Murrison
			198	778	0:20:35	Elaine Macleod
20	Ayr Seaforth AC	585	83	1274	0:16:30	Morven Hubbard
			144	527	0:18:04	Sarah Paterson
			156	523	0:18:33	Gillian Hannah
			202	525	0:20:52	Ruth Kirk
21	Gala Harriers	603	104	655	0:17:05	Gillian Lunn
			161	654	0:18:48	Julia Johnstone
			162	652	0:18:48	Carole Fortune
			176	656	0:19:25	Eileen Maxwell
22	Greenock Glenpark Harriers	667	106	699	0:17:07	Marian Monk
			182	700	0:19:38	Lynsey Mooney
			185	697	0:19:46	Marianne McKay
			194	701	0:20:20	Cheryl Thomas
23	Harmeny AC	690	148	702	0:18:16	Kim Anderson
			167	707	0:18:52	Nicola Mcguire
			186	704	0:19:50	Lyndsay Holden
			189	708	0:20:12	Susan Ross

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 6th November 2021 2021 4KXC Results Provisional.xlsx 2021SeniorMen Lanark Racecourse, Lanark

Pos	Time	Forename	Surname	M/F	Cat	Club
1	00:11:47	Andrew	Butchart	M		Central AC
2	00:11:53	Jamie	Crowe	M		Central AC
3	00:11:56	Lachlan	Oates	M		Shettleston Harriers
4	00:11:58	Sol	Sweeney	M		Perth Strathtay Harriers
5	00:11:58	Ben	MacMillan	M	20	Central AC
6	00:12:00	Ben	Potrykus	M		Inverclyde AC
7	00:12:08	Sean	Chalmers	M		Inverness Harriers AAC
8	00:12:09	Christian	Graham	M		Lasswade AC
9	00:12:12	Scott	Stirling	M		Falkirk Victoria Harriers
10	00:12:18	Andrew	McGill	M	20	Livingston AC
11	00:12:19	Kane	Elliott	M	20	Falkirk Victoria Harriers
12	00:12:20	Matt	Knowles	M	20	Edinburgh Univ Hare and Hounds
13	00:12:21	Cameron	Smith	M		Cambuslang Harriers
14	00:12:22	Jake	Wightman	M		Edinburgh AC
15	00:12:23	Tom	Graham-Marr	M		Central AC
16	00:12:24	Alastair	Hay	M		Central AC
17	00:12:25	Alastair	Marshall	M	20	Central AC
18	00:12:27	Callum	Tharme	M		Edinburgh Univ Hare and Hounds
19	00:12:29	Luca	Fanottoli	M		Central AC
20	00:12:31	Jamie	Burns	M		Glasgow University Hares and Hounds
21	00:12:32	Fraser	Stewart	M		Cambuslang Harriers
22	00:12:34	Michael	Christoforou	M		Cambuslang Harriers
23	00:12:37	Daniel	Bradford	M		Shettleston Harriers
24	00:12:37	Ben	Shaw	M		Edinburgh Univ Hare and Hounds
25	00:12:42	Lewis	Rodgers	M		Fife AC
26	00:12:42	Luke	Davidson	M	20	Inverness Harriers AAC
27	00:12:44	Dale	Colley	M		Central AC
28	00:12:44	Christopher	McLew	M	20	Cambuslang Harriers
29	00:12:44	Harry	Henriksen	M	20	Edinburgh Univ Hare and Hounds
30	00:12:45	Max	Abernethy	M		Fraserburgh RC
31	00:12:45	Daryl	Reid	M		East Kilbride AC
32	00:12:46	Jason	Kelly	M		Metro Aberdeen RC
33	00:12:46	Finlay	Ross-Davie	M	20	Garscube Harriers
34	00:12:47	Jamie	MacKinnon	M		Cambuslang Harriers
35	00:12:47	Peter	Avent	M		Shettleston Harriers
36	00:12:48	Calum	Phillip	M		Central AC
37	00:12:49	Craig	Morris	M		Fife AC
38	00:12:50	Jack	Patton	M	20	Kilbarchan AAC
39	00:12:50	Magnus	Tait	M		Glasgow University Hares and Hounds
40	00:12:50	Hamish	Armitt	M	20	Giffnock North AC
41	00:12:53	Ben	Sandilands	M	20	Fife AC
42	00:12:53	Aaron	Odentz	M		Aberdeen AAC
43	00:12:53	Ben	Stevenson	M		Falkirk Victoria Harriers
44	00:12:54	Adam	Brown	M	20	Aberdeen AAC
45	00:12:54	Ryan	Donald	M	20	Dundee Hawkhill Harriers
46	00:12:56	Stephen	Addison	M		Glasgow University Hares and Hounds
47	00:12:57	Samuel	Leitch	M	20	Heriot-Watt Univ AC
48	00:12:57	Alex	Muir	M		Edinburgh Univ Hare and Hounds
49	00:12:58	Callum	Matthews	M		Kilbarchan AAC
50	00:12:58	Lewis	Hannigan	M	20	Kilbarchan AAC

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 6th November 2021 2021 4KXC Results Provisional.xlsx 2021SeniorMen Lanark Racecourse, Lanark

Pos	Time	Forename	Surname	M/F	Cat	Club
51	00:13:00	Cameron	Fordyce	M	20	Glasgow University Hares and Hounds
52	00:13:01	Jack	Eykelbosch	M		Dacorum AC
53	00:13:02	Pol	LE BOT	M		Dundee University AC and XC club
54	00:13:03	Darrell	Hastie	M		Gala Harriers
55	00:13:04	Jim	Tole	M	40	Metro Aberdeen RC
56	00:13:06	Finlay	Todd	M		Glasgow University Hares and Hounds
57	00:13:07	Alasdair	McMonagle	M	20	Strathclyde Univ Harriers
58	00:13:10	Andrew	Thomson	M	20	Fife AC
59	00:13:15	Gordon	Robertson	M	40	Cambuslang Harriers
60	00:13:17	Scott	Brember	M	40	Central AC
61	00:13:18	Grant	Baillie	M	40	East Kilbride AC
62	00:13:20	Weynay	Ghebreselassie	M		Shettleston Harriers
63	00:13:21	Fearghas	Thomson	M		Aberdeen AAC
64	00:13:21	Boyan	Ivandjиков	M		Edinburgh Univ Hare and Hounds
65	00:13:21	Iain	Whitaker	M		Edinburgh AC
66	00:13:22	Christopher	McGarrity	M		Shettleston Harriers
67	00:13:23	Ross	O'brien	M	20	Giffnock North AC
68	00:13:24	Andrew	Johnstone	M		Inverness Harriers AAC
69	00:13:25	Josh	Wood	M		Central AC
70	00:13:26	Lucas	Cairns	M	20	Inverness Harriers AAC
71	00:13:27	Sandy	Holl	M		Central AC
72	00:13:29	Thomas	Berry	M		Dundee University AC and XC club
73	00:13:29	Zak	Povey	M	20	Cambuslang Harriers
74	00:13:29	Joe	Battershill	M		Edinburgh Univ Hare and Hounds
75	00:13:30	Ben	Nelson	M		Aberdeen AAC
76	00:13:31	Fraser	Roach	M		Edinburgh Univ Hare and Hounds
77	00:13:36	Nikolai	Gajic	M		Giffnock North AC
78	00:13:36	Finlay	Murray	M		East Sutherland AC
79	00:13:38	Calum	Little	M	20	Falkirk Victoria Harriers
80	00:13:38	Telfer	Gray	M		Edinburgh Univ Hare and Hounds
81	00:13:38	Kieran	Pugh	M		Law & District AAC
82	00:13:39	Matthew	Dailey	M		Edinburgh Univ Hare and Hounds
83	00:13:40	Andrew	Carey	M		Glasgow University Hares and Hounds
84	00:13:40	Sam	Brown	M		Edinburgh AC
85	00:13:40	Jamie	Clements	M		East Kilbride AC
86	00:13:41	Steve	Daye	M		Irvine RC
87	00:13:41	Steven	Bryce	M		VP-Glasgow AC
88	00:13:41	Leon	Johnson	M	40	Edinburgh AC
89	00:13:43	David	Gardiner	M	50	Motherwell AC
90	00:13:43	Martin	Lynas	M		East Kilbride AC
91	00:13:44	David	Ross	M	40	East Kilbride AC
92	00:13:44	Alasdair	Bisset	M		Edinburgh Univ Hare and Hounds
93	00:13:44	Stuart	Johnston	M	40	Edinburgh AC
94	00:13:44	Jack	Arnold	M		Bellahouston Harriers
95	00:13:45	David	Wright	M		Lothian RC
96	00:13:45	Mark	Carberry	M	20	Stirling University AC
97	00:13:46	Sam	Lesley	M		Shettleston Harriers
98	00:13:46	Alistair	Gudgin	M		Fife AC
99	00:13:46	Martin	Mueller	M		Metro Aberdeen RC
100	00:13:47	Jack	Muir	M	20	Stirling University AC

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 6th November 2021 2021 4KXC Results Provisional.xlsx 2021SeniorMen Lanark Racecourse, Lanark

Pos	Time	Forename	Surname	M/F	Cat	Club
101	00:13:47	Andrew	Kirk	M		Kirkintilloch Olympians
102	00:13:48	James	Wilkes	M		Garscube Harriers
103	00:13:48	Harris	Pentecost	M		Falkirk Victoria Harriers
104	00:13:49	Declan	Murray	M		Macclesfield Harriers & AC
105	00:13:50	Mark	Irvine	M		Glasgow University Hares and Hounds
106	00:13:50	Sam	Burton	M	20	Central AC
107	00:13:51	Ruairidh	MacGregor	M	20	Cambuslang Harriers
108	00:13:52	Steven	Murray	M		Aberdeen AAC
109	00:13:52	John	Coyle	M	40	Garscube Harriers
110	00:13:52	Donald	Macaulay	M		Corstorphine AAC
111	00:13:52	Myles	Bax	M		Edinburgh AC
112	00:13:53	Sam	McIntosh	M		Lothian RC
113	00:13:53	Alan	Moss	M		Bellahouston RR
114	00:13:56	Andrew	Taylor	M		Shettleston Harriers
115	00:13:57	Thomas	Callan	M		Westerlands CCC
116	00:13:57	Donald	Mcpartlin	M		Garscube Harriers
117	00:13:58	Michael	Sanderson	M	20	Fife AC
118	00:13:58	Richard	Carr	M		Cambuslang Harriers
119	00:13:58	Greg	Walker	M	40	Teviotdale Harriers
120	00:13:59	Struan	Oliver-Jones	M	20	Strathclyde Univ Harriers
121	00:14:00	Todd	Russell	M		Edinburgh Univ Hare and Hounds
122	00:14:02	Darran	Muir	M	40	Law & District AAC
123	00:14:03	Andrew John	Ferguson	M		Aberdeen AAC
124	00:14:03	Munro	Stewart	M		Dundee Hawkhill Harriers
125	00:14:04	Grant	Murphy	M		Bellahouston RR
126	00:14:05	Kenneth	Neill	M	40	Ayr Seaforth AC
127	00:14:06	Iain	Macdonald	M		Edinburgh AC
128	00:14:06	Oliver	Traynor	M		Giffnock North AC
129	00:14:06	Craig	Shields	M		Garscube Harriers
130	00:14:06	Sam	Grivell	M	20	Central AC
131	00:14:08	Ben	Kinninmonth	M		Fife AC
132	00:14:09	Laurence	Petty	M	20	Dundee Hawkhill Harriers
133	00:14:09	Luke	Kirwan	M		East Kilbride AC
134	00:14:09	Jordan	Queen	M		Garscube Harriers
135	00:14:10	Michael	Paxton	M		Shettleston Harriers
136	00:14:11	James	Bowden	M		Westerlands CCC
137	00:14:11	Timothy	Martin	M		Garscube Harriers
138	00:14:12	Dylan	Crawford	M		Inverclyde AC
139	00:14:12	Stephen	Allen	M	50	Cumbernauld AAC
140	00:14:12	Theo	Phillips Smith	M	20	Corstorphine AAC
141	00:14:12	Sam	MacNeil	M		Edinburgh AC
142	00:14:12	Colin	Soppitt	M	20	Corstorphine AAC
143	00:14:14	Matt	Bird	M		Portobello RC
144	00:14:15	Gregor	Stewart	M		Westerlands CCC
145	00:14:15	Max	Meres	M		Edinburgh AC
146	00:14:15	Malcolm	McLure	M	20	Glasgow University Hares and Hounds
147	00:14:15	Aaron	Bennet	M	20	PH Racing Club
148	00:14:16	Matthew	Stewart	M	20	Glasgow School of Sport
149	00:14:16	Darren	McQuade	M		Bellahouston Harriers
150	00:14:16	Daniel	Scroop	M	40	Garscube Harriers

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 6th November 2021 2021 4KXC Results Provisional.xlsx 2021SeniorMen Lanark Racecourse, Lanark

Pos	Time	Forename	Surname	M/F	Cat	Club
151	00:14:17	Andrew	Brown	M	40	Dunbar RC
152	00:14:17	David	Tamburini	M	40	Inverclyde AC
153	00:14:18	Andrew	Irvine	M		Central AC
154	00:14:18	Jordan	Cruickshank	M	20	Metro Aberdeen RC
155	00:14:18	Oliver	Reilly	M		Greenock Glenpark Harriers
156	00:14:20	Ray	Ward	M	40	Hunters Bog Trotters
157	00:14:20	Shaun	Wiseman	M	20	Greenock Glenpark Harriers
158	00:14:21	Jonathan	Marshall	M	20	Livingston AC
159	00:14:21	Michael	Miller	M		Clydesdale Harriers
160	00:14:21	Andrew	Casey	M		Aberdeen AAC
161	00:14:22	Scott	Mason	M	40	Bellahouston Harriers
162	00:14:22	Iain	McWhinnie	M	20	Glasgow University Hares and Hounds
163	00:14:22	Theo	Carter	M	20	Cambuslang Harriers
164	00:14:23	Jon	Hammerman	M	40	Inverclyde AC
165	00:14:23	Charlie	Storrie	M		Dumfries RC
166	00:14:23	Rankin	Lascalles	M		Metro Aberdeen RC
167	00:14:25	Jack	Kirwan	M		East Kilbride AC
168	00:14:25	Jamie	Flaherty	M		Garscube Harriers
169	00:14:26	Allan	Cameron	M	40	Cumbernauld AAC
170	00:14:27	Stuart	Miller	M		Bellahouston Harriers
171	00:14:28	Joshua	Liddle	M		Edinburgh Univ Hare and Hounds
172	00:14:29	Brian	McGarrity	M	40	Shettleston Harriers
173	00:14:31	David	Woods	M		Lasswade AC
174	00:14:32	Michael	Kilbride	M		Aberdeen AAC
175	00:14:35	Ollie	Duffy	M		Edinburgh AC
176	00:14:36	Joe	Folan	M		Metro Aberdeen RC
177	00:14:37	Stephen	Brown	M	40	West End RR
178	00:14:37	Jonah	Jones	M		Portobello RC
179	00:14:38	Lee	Shaw	M		Bellahouston Harriers
180	00:14:38	Chris	Upton	M	50	Cambuslang Harriers
181	00:14:38	Stuart	Robertson	M	50	Perth RR
182	00:14:40	Brent	Brodie	M	40	Bellahouston Harriers
183	00:14:41	Steven	Campbell	M	40	Greenock Glenpark Harriers
184	00:14:41	Ruairidh	MacLean	M		Giffnock North AC
185	00:14:41	David	Mackintosh	M		Bellahouston Harriers
186	00:14:42	Drew	Galloway	M		Glasgow University Hares and Hounds
187	00:14:42	Fred	Allingham	M		Bellahouston Harriers
188	00:14:44	Niall	McAlinden	M		Westerlands CCC
189	00:14:45	Callum	Ferguson	M		Newton Road Runners
190	00:14:45	Philip	Holden	M	40	Harmeny AC
191	00:14:46	Fraser	Armstrong	M		Bellahouston Harriers
192	00:14:48	Keith	Ovenstone	M	40	Corstorphine AAC
193	00:14:49	Thomas	Leeman	M		Edinburgh AC
194	00:14:49	Michael	Fullerton	M	50	Edinburgh AC
195	00:14:49	Alan	Baxter	M	40	Dumfries RC
196	00:14:50	Anthony Lucio	Jannetta	M		Bellahouston RR
197	00:14:50	Paul	Sorrie	M	40	Shettleston Harriers
198	00:14:52	George	Pettit	M	40	Cambuslang Harriers
199	00:14:53	Duncan	Ryan	M	50	Perth RR
200	00:14:53	Greg	Louden	M		Lasswade AC

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 6th November 2021 2021 4KXC Results Provisional.xlsx 2021SeniorMen Lanark Racecourse, Lanark

Pos	Time	Forename	Surname	M/F	Cat	Club
201	00:14:54	Matthew	Davies	M		Edinburgh AC
202	00:14:54	Stuart	Ferguson	M		Banchory Stonehaven AC
203	00:14:54	John	Speirs	M	40	Kilmarnock H&AC
204	00:14:54	Jamie	Tennant	M	20	Ayr Seaforth AC
205	00:14:55	Mark	Connelly	M	40	Airdrie Harriers
206	00:14:55	Euan	Hood	M		Lasswade AC
207	00:14:56	Stephen	Allan	M	40	Cumbernauld AAC
208	00:14:57	Dylan	Drummond	M	20	Cumbernauld AAC
209	00:14:58	Andrew	Osborne	M	40	Greenock Glenpark Harriers
210	00:15:00	Craig	Freshwater	M	40	Hunters Bog Trotters
211	00:15:01	David	Shaw	M	40	Giffnock North AC
212	00:15:01	Scott	Brown	M	40	Irvine RC
213	00:15:02	Paul	Butler	M		Edinburgh AC
214	00:15:02	Phil	Buckley	M	40	Harmeny AC
215	00:15:03	Daniel	Lowe	M		Shettleston Harriers
216	00:15:03	Iain	Macleod	M	50	Corstorphine AAC
217	00:15:03	David	Hogg	M	50	Cumbernauld AAC
218	00:15:04	Cameron	Wallace	M		Strathclyde Univ Harriers
219	00:15:04	Kevin	Hamilton	M		Edinburgh AC
220	00:15:05	Ted	Gourley	M	50	Giffnock North AC
221	00:15:05	Mark	Webster	M	40	PH Racing Club
222	00:15:06	Lewis	Hainey	M	20	Inverclyde AC
223	00:15:08	Joseph	Fitzgibbon	M		Garscube Harriers
224	00:15:08	Calum	Ferguson	M		Bellahouston Harriers
225	00:15:09	Liam	Raeside	M		Strathclyde Univ Harriers
226	00:15:09	Stuart	Laurence	M		Bellahouston RR
227	00:15:10	Paul	McMonagle	M	50	Cumbernauld AAC
228	00:15:10	Steve	Buchan	M	40	Metro Aberdeen RC
229	00:15:11	Mike	MacDonald	M	40	Fife AC
230	00:15:11	Jeff	Farquhar	M	60	Pitreavie AAC
231	00:15:15	Sam	Condy	M	20	Strathclyde Univ Harriers
232	00:15:15	Alastair	Stables	M		Giffnock North AC
233	00:15:17	Daniel	Doherty	M	40	Greenock Glenpark Harriers
234	00:15:18	Charlie	Whall	M		Bellahouston RR
235	00:15:19	Barry	Davie	M	40	Carnegie Harriers
236	00:15:20	Jonathan	Kennedy	M		Harmeny AC
237	00:15:21	Angus	Gray	M		Bellahouston RR
238	00:15:21	Iain	Nicholl	M	40	Cambuslang Harriers
239	00:15:23	Ross	Hill	M		Law & District AAC
240	00:15:23	Michael	O'Hagan	M	50	Cambuslang Harriers
241	00:15:24	Ewan	Calder	M		Peterhead AC
242	00:15:24	Scott	Love	M	40	PH Racing Club
243	00:15:25	John	Brogan	M	40	Airdrie Harriers
244	00:15:27	Paul	Forbes	M	60	Edinburgh AC
245	00:15:29	James	Hall	M	40	Fife AC
246	00:15:30	Kenny	Finlayson	M	40	Cambuslang Harriers
247	00:15:31	Fraser	McGillivray	M		Aberdeen AAC
248	00:15:32	John	Hancock	M		Edinburgh AC
249	00:15:34	Duncan	McKellar	M		Garscube Harriers
250	00:15:34	John	Mowbray	M		Edinburgh AC

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 6th November 2021 2021 4KXC Results Provisional.xlsx 2021SeniorMen Lanark Racecourse, Lanark

Pos	Time	Forename	Surname	M/F	Cat	Club
251	00:15:35	Mark	Ellis	M	40	Motherwell AC
252	00:15:36	Christopher	Endress	M		Metro Aberdeen RC
253	00:15:38	Rory	Sandilands	M	40	Fife AC
254	00:15:39	Euan	McCallum	M		Falkirk Victoria Harriers
255	00:15:40	Ross	Gray	M		Dundee University AC and XC club
256	00:15:40	James	McClafferty	M		Law & District AAC
257	00:15:41	David	Eckersley	M	50	Central AC
258	00:15:41	Owain	Williams	M		Edinburgh AC
259	00:15:41	John	Oates	M	60	Shettleston Harriers
260	00:15:42	Paul	Clawson	M		Bellahouston Harriers
261	00:15:43	Mark	Welsford	M	40	Kirkintilloch Olympians
262	00:15:45	Richard	Beattie	M	40	Law & District AAC
263	00:15:47	Gavin	Morrison	M	50	Greenock Glenpark Harriers
264	00:15:49	Andrew	Latham	M	50	Edinburgh AC
265	00:15:49	John	Murray	M	40	Garscube Harriers
266	00:15:49	Denis	Williams	M	50	Shettleston Harriers
267	00:15:50	Alan	Digweed	M	40	Bellahouston RR
268	00:15:51	Gavin	Phillip	M	50	Edinburgh AC
269	00:15:51	Neil	McLure	M	50	Carnethy Hill Racing Club
270	00:15:51	Paul	Kirkland	M		Garscube Harriers
271	00:15:52	Michael	McKean	M		Dumfries RC
272	00:15:52	John	Mackenzie	M	50	Bellahouston RR
273	00:15:52	John	Crookston	M	60	PH Racing Club
274	00:15:55	John	Edwards	M	40	East Kilbride AC
275	00:15:56	Callum	Wright	M		Calderglen Harriers
276	00:15:57	Donald	Shaw	M	50	Central AC
277	00:15:57	Matthew	Gillon	M	20	Law & District AAC
278	00:15:58	Jonathan	Millar	M		Carnegie Harriers
279	00:15:59	Scott	Elliott	M	60	Kirkintilloch Olympians
280	00:15:59	Cameron	Douglas	M		Strathclyde Univ Harriers
281	00:15:59	Rob	Crusher	M	50	Giffnock North AC
282	00:15:59	Chris	Allan	M		Bellahouston RR
283	00:16:00	Andrew	Whiteford	M		Bellahouston RR
284	00:16:00	Ewan	Smith	M	50	Campbeltown RC
285	00:16:01	Lewis	Orr	M	50	Edinburgh AC
286	00:16:01	Andrew	Rockett Jackson	M		Shettleston Harriers
287	00:16:02	Des	Dickson	M	60	Cambuslang Harriers
288	00:16:03	Dave	Clements	M	50	Edinburgh AC
289	00:16:03	Peter	Maclean	M	40	Ayr Seaforth AC
290	00:16:04	Mark	Mclean	M	50	PH Racing Club
291	00:16:04	Robert	Conroy	M	40	Kirkintilloch Olympians
292	00:16:04	Gerard	Scullion	M	50	Bellahouston RR
293	00:16:05	Chris	Smith	M		Cambuslang Harriers
294	00:16:06	Scott	Dickson	M		Motherwell AC
295	00:16:07	John	Macdonald	M	20	PH Racing Club
296	00:16:07	Andy	Downey	M	50	Garscube Harriers
297	00:16:08	Murdo	Traill	M		Corstorphine AAC
298	00:16:08	Charles	Graham-Marr	M	60	Central AC
299	00:16:10	Kyle	Paterson	M	20	Kirkintilloch Olympians
300	00:16:10	Francis	Gilroy	M	50	Bellahouston Harriers

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 6th November 2021 2021 4KXC Results Provisional.xlsx 2021SeniorMen Lanark Racecourse, Lanark

Pos	Time	Forename	Surname	M/F	Cat	Club
301	00:16:14	Sandy	Gilhooly	M		Glasgow University Hares and Hounds
302	00:16:15	David	Worrall	M	40	Portobello RC
303	00:16:22	Paul	Burningham	M	40	Bellahouston Harriers
304	00:16:22	David	Cross	M	50	Edinburgh AC
305	00:16:22	Ian	Maxwell	M	60	Gala Harriers
306	00:16:22	Peter	Alexander	M		Newton Road Runners
307	00:16:26	Alistair	Macdonald	M	50	Morpeth Harriers
308	00:16:26	Jamie	Robinson	M		Bellahouston RR
309	00:16:30	Sandy	Gardner	M	50	VP-Glasgow AC
310	00:16:30	Graeme	Gemmell	M	50	Bellahouston Harriers
311	00:16:31	Kevin	Gordon	M		Dumfries RC
312	00:16:33	Byron	Moreton	M		West End RR
313	00:16:34	Paul	Harkins	M	40	Fife AC
314	00:16:37	Stephen	Peters	M		Glasgow University Hares and Hounds
315	00:16:39	Matthew	Smith	M		Glasgow University Hares and Hounds
316	00:16:41	James	Fotheringham	M	50	Perth RR
317	00:16:42	Andrew	Clark	M		West End RR
318	00:16:44	Iain	Craven	M	40	Edinburgh AC
319	00:16:45	David	Alexander	M	50	Harmeny AC
320	00:16:46	Drew	Paterson	M	50	Kirkintilloch Olympians
321	00:16:46	Iain	Dunsmore	M	50	Central AC
322	00:16:47	Kenneth	Crawford	M	50	Bellahouston RR
323	00:16:49	Andrew	Chapman	M	40	East Kilbride AC
324	00:16:49	Scott	Kelman	M		Motherwell AC
325	00:16:50	Iain	Cameron	M	40	Lothian RC
326	00:16:51	Darren	Carruthers	M		Red Star AC
327	00:16:53	Campbell	Cromar	M	50	Greenock Glenpark Harriers
328	00:16:55	John	Thow	M		Kirkintilloch Olympians
329	00:16:55	Fraser	Watson	M		Glasgow University Hares and Hounds
330	00:16:56	Robert	McLennan	M	60	Garscube Harriers
331	00:16:56	Alan	Strang	M	40	Motherwell AC
332	00:16:58	Stuart	Kelly	M	40	VP-Glasgow AC
333	00:16:59	Norbert	Mc Namara	M		Bellahouston Harriers
334	00:16:59	Gordon	Brady	M		Bellahouston Harriers
335	00:17:01	Michael	Diver	M	50	Clydesdale Harriers
336	00:17:03	Rohan	O'Hare	M		Glasgow University Hares and Hounds
337	00:17:03	Chris	Creegan	M	60	Edinburgh AC
338	00:17:05	Allon	Galbraith	M	60	Bellahouston RR
339	00:17:06	Martin	Murphy	M	40	Bellahouston RR
340	00:17:06	Scott	Hunter	M	40	Cambuslang Harriers
341	00:17:07	Robert	Pattinson	M	50	Motherwell AC
342	00:17:08	Stephen	Clark	M		Shettleston Harriers
343	00:17:08	Marc	Loveday	M		East Kilbride AC
344	00:17:09	Mark	Grant	M	40	Shettleston Harriers
345	00:17:11	David	Calder	M	60	Westerlands CCC
346	00:17:11	Jim	Gillon	M	50	Law & District AAC
347	00:17:15	Ben	Abbott	M	50	Gala Harriers
348	00:17:17	Iain	Morrison	M	50	Bellahouston Harriers
349	00:17:19	Brian	McLinden	M	60	Motherwell AC
350	00:17:22	George	Lupton	M	40	Portobello RC

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 6th November 2021 2021 4KXC Results Provisional.xlsx 2021SeniorMen Lanark Racecourse, Lanark

Pos	Time	Forename	Surname	M/F	Cat	Club
351	00:17:23	David	Morton	M	40	Fife AC
352	00:17:23	James	Doherty	M	40	Greenock Glenpark Harriers
353	00:17:25	Daniel	Smith	M		VP-Glasgow AC
354	00:17:27	Derek	Taylor	M		Law & District AAC
355	00:17:29	Stephen	Purvis	M	40	Airdrie Harriers
356	00:17:32	Iain	Buckley	M		Gala Harriers
357	00:17:35	Andrew	Ross	M	50	Harmeny AC
358	00:17:35	John	Hynd	M	60	Carnegie Harriers
359	00:17:36	Adrian	White	M	50	Harmeny AC
360	00:17:39	Gerard	O'Neil	M	40	East Kilbride AC
361	00:17:41	Craig	Johnston	M		Kirkintilloch Olympians
362	00:17:42	Alan	O'Rourke	M	50	Greenock Glenpark Harriers
363	00:17:43	Michael	Jardine	M	50	Dumfries RC
364	00:17:45	Marcus	Whyte	M	40	Motherwell AC
365	00:17:47	Ed	Norton	M	70	PH Racing Club
366	00:17:48	David	Scott	M	40	Cambuslang Harriers
367	00:17:49	Jim	Robinson	M	60	Bellahouston RR
368	00:17:50	John	Mill	M	50	Dundee Road Runners
369	00:17:50	Simon	Grieshaber	M	50	Perth RR
370	00:17:52	Simon	Gold	M	40	Cambuslang Harriers
371	00:17:58	Jonny	Moran	M	40	Bellahouston RR
372	00:18:00	Jim	Holmes	M	50	Calderglen Harriers
373	00:18:00	Corey	Pirie	M		Edinburgh Univ Hare and Hounds
374	00:18:02	Andrew	Ferguson Snr	M	60	Banchory Stonehaven AC
375	00:18:04	Robert	White	M	50	Royal Mail Run GMC
376	00:18:04	Alastair	Loudon	M	40	Motherwell AC
377	00:18:04	David	Morrison	M	60	Metro Aberdeen RC
378	00:18:09	Kevin	Smith	M	60	Bellahouston Harriers
379	00:18:11	Iain	Crawford	M	50	Cambuslang Harriers
380	00:18:12	Fraser	Morris	M	20	Livingston AC
381	00:18:13	Kenny	McDonald	M	40	Bellahouston RR
382	00:18:18	Michael	Carlin	M	40	East Kilbride AC
383	00:18:22	Colin	Alexander	M	40	Central AC
384	00:18:24	Ben	Fountain	M		Law & District AAC
385	00:18:29	Alham	Said	M	50	West End RR
386	00:18:30	Craig	Morris	M		Motherwell AC
387	00:18:30	Brian	Wilson	M	40	Airdrie Harriers
388	00:18:35	James	Boyle	M	40	Garscube Harriers
389	00:18:37	James	McLaren	M	60	Falkirk Victoria Harriers
390	00:18:40	Edward	Carr	M	60	Cambuslang Harriers
391	00:18:41	David	Hoolaghan	M	40	Motherwell AC
392	00:18:42	Jamie	Oswin	M	40	West End RR
393	00:18:44	Daniel	McLaughlin	M	60	Greenock Glenpark Harriers
394	00:18:44	Stephen	Leonard	M	40	Cambuslang Harriers
395	00:18:51	John	Cunningham	M	50	Bellahouston Harriers
396	00:18:54	Ken	Eccleson	M	50	Cumbernauld AAC
397	00:18:56	Thomas	Burridge	M		Bellahouston RR
398	00:19:03	Kevin	McPhillips	M	40	Motherwell AC
399	00:19:09	Chris	Lee	M	40	West End RR
400	00:19:12	Kevin	Dunn	M		Kirkintilloch Olympians

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 6th November 2021 2021 4KXC Results Provisional.xlsx 2021SeniorMen Lanark Racecourse, Lanark

Pos	Time	Forename	Surname	M/F	Cat	Club
401	00:19:17	Conor	Butters	M		Law & District AAC
402	00:19:24	Gordon	McInally	M	50	Calderglen Harriers
403	00:19:27	Frank	McMahon	M	70	Greenock Glenpark Harriers
404	00:19:28	Alan	Coltman	M	50	Teviotdale Harriers
405	00:19:29	Allen	Campbell	M	40	West End RR
406	00:19:30	Gerard	Gaffney	M	60	Inverclyde AC
407	00:19:34	Eric	Stevenson	M	70	Edinburgh AC
408	00:19:39	Neil	Meldrum	M	50	Corstorphine AAC
409	00:19:57	Ross	Bennet	M	50	PH Racing Club
410	00:20:03	David	Craig	M		Bellahouston Harriers
411	00:20:04	Chris	Paton	M	50	Cambuslang Harriers
412	00:20:23	Martin	Egan	M	50	Garscube Harriers
413	00:20:38	Andrew	Tomlinson	M		Bellahouston RR
414	00:20:43	Alan	Bothwell	M	60	Perth RR
415	00:20:50	John	Carty	M	40	VP-Glasgow AC
416	00:20:50	Russell	Couper	M	50	Calderglen Harriers
417	00:22:51	Michael	McNamara	M	50	Bellahouston Harriers
418	00:23:12	Alex	Wood	M	70	Linlithgow AC
419	00:23:28	Alan	Stewart	M	70	Giffnock North AC
420	00:23:36	Alex	MacEwen	M	60	Edinburgh AC

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 6th November 2021

2021 4KXC Results Provisional.xlsx SM Teams

Lanark Racecourse, Lanark

Pos	Club	Points	Pos	Pid	Time	Name
1	Central AC	23	1	122	0:11:47	Andrew Butchart
			2	124	0:11:53	Jamie Crowe
			5	1287	0:11:58	Ben MacMillan
			15	129	0:12:23	Tom Graham-Marr
2	Edinburgh Univ Hare and Hounds	83	12	1295	0:12:20	Matt Knowles
			18	245	0:12:27	Callum Tharme
			24	242	0:12:37	Ben Shaw
			29	1294	0:12:44	Harry Henriksen
3	Cambuslang Harriers	84	13	108	0:12:21	Cameron Smith
			21	111	0:12:32	Fraser Stewart
			22	89	0:12:34	Michael Christoforou
			28	1283	0:12:44	Christopher McLew
4	Shettleston Harriers	123	3	475	0:11:56	Lachlan Oates
			23	463	0:12:37	Daniel Bradford
			35	462	0:12:47	Peter Avent
			62	466	0:13:20	Weynay Ghebreselassie
5	Falkirk Victoria Harriers	142	9	253	0:12:12	Scott Stirling
			11	1298	0:12:19	Kane Elliott
			43	252	0:12:53	Ben Stevenson
			79	1299	0:13:38	Calum Little
6	Glasgow University Hares and Hounds	156	20	311	0:12:31	Jamie Burns
			39	320	0:12:50	Magnus Tait
			46	310	0:12:56	Stephen Addison
			51	1314	0:13:00	Cameron Fordyce
7	Fife AC	161	25	265	0:12:42	Lewis Rodgers
			37	262	0:12:49	Craig Morris
			41	1301	0:12:53	Ben Sandilands
			58	1302	0:13:10	Andrew Thomson
8	Inverness Harriers AAC	171	7	355	0:12:08	Sean Chalmers
			26	1322	0:12:42	Luke Davidson
			68	356	0:13:24	Andrew Johnstone
			70	1321	0:13:26	Lucas Cairns
9	Aberdeen AAC	224	42	9	0:12:53	Aaron Odentz
			44	1275	0:12:54	Adam Brown
			63	10	0:13:21	Fearghas Thomson
			75	8	0:13:30	Ben Nelson
10	Edinburgh AC	251	14	228	0:12:22	Jake Wightman
			65	227	0:13:21	Iain Whitaker
			84	198	0:13:40	Sam Brown
			88	214	0:13:41	Leon Johnson
11	East Kilbride AC	267	31	193	0:12:45	Daryl Reid
			61	180	0:13:18	Grant Baillie
			85	183	0:13:40	Jamie Clements
			90	190	0:13:43	Martin Lynas

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 6th November 2021

2021 4KXC Results Provisional.xlsx SM Teams

Lanark Racecourse, Lanark

Pos	Club	Points	Pos	Pid	Time	Name
12	Giffnock North AC	312	40	1304	0:12:50	Hamish Armit
			67	1308	0:13:23	Ross O'brien
			77	298	0:13:36	Nikolai Gajic
			128	306	0:14:06	Oliver Traynor
13	Metro Aberdeen RC	340	32	411	0:12:46	Jason Kelly
			55	416	0:13:04	Jim Tole
			99	414	0:13:46	Martin Mueller
			154	1331	0:14:18	Jordan Cruickshank
14	Garscube Harriers	360	33	1303	0:12:46	Finlay Ross-Davie
			102	295	0:13:48	James Wilkes
			109	279	0:13:52	John Coyle
			116	290	0:13:57	Donald Mcpartlin
15	Inverclyde AC	460	6	352	0:12:00	Ben Potrykus
			138	349	0:14:12	Dylan Crawford
			152	353	0:14:17	David Tamburini
			164	351	0:14:23	Jon Hammerman
16	Bellahouston Harriers	574	94	27	0:13:44	Jack Arnold
			149	43	0:14:16	Darren McQuade
			161	40	0:14:22	Scott Mason
			170	44	0:14:27	Stuart Miller
17	Westerlands CCC	583	115	508	0:13:57	Thomas Callan
			136	506	0:14:11	James Bowden
			144	510	0:14:15	Gregor Stewart
			188	509	0:14:44	Niall McAlinden
18	Corstorphine AAC	584	110	146	0:13:52	Donald Macaulay
			140	1289	0:14:12	Theo Phillips Smith
			142	1290	0:14:12	Colin Soppitt
			192	149	0:14:48	Keith Ovenstone
19	Lasswade AC	587	8	381	0:12:09	Christian Graham
			173	386	0:14:31	David Woods
			200	383	0:14:53	Greg Louden
			206	382	0:14:55	Euan Hood
20	Strathclyde Univ Harriers	620	57	1337	0:13:07	Alasdair McMonagle
			120	1338	0:13:59	Struan Oliver-Jones
			218	484	0:15:04	Cameron Wallace
			225	483	0:15:09	Liam Raeside
21	Bellahouston RR	660	113	67	0:13:53	Alan Moss
			125	68	0:14:04	Grant Murphy
			196	60	0:14:50	Anthony Lucio Jannetta
			226	61	0:15:09	Stuart Laurence
22	Law & District AAC	698	81	399	0:13:38	Kieran Pugh
			122	396	0:14:02	Darran Muir
			239	392	0:15:23	Ross Hill
			256	395	0:15:40	James McClafferty

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 6th November 2021

2021 4KXC Results Provisional.xlsx SM Teams

Lanark Racecourse, Lanark

Pos	Club	Points	Pos	Pid	Time	Name
23	Greenock Glenpark Harriers	704	155	336	0:14:18	Oliver Reilly
			157	1317	0:14:20	Shaun Wiseman
			183	323	0:14:41	Steven Campbell
			209	335	0:14:58	Andrew Osborne
24	Cumbernauld AAC	723	139	153	0:14:12	Stephen Allen
			169	155	0:14:26	Allan Cameron
			207	152	0:14:56	Stephen Allan
			208	1291	0:14:57	Dylan Drummond
25	PH Racing Club	883	147	1332	0:14:15	Aaron Bennet
			221	449	0:15:05	Mark Webster
			242	446	0:15:24	Scott Love
			273	443	0:15:52	John Crookston
26	Kirkintilloch Olympians	932	101	374	0:13:47	Andrew Kirk
			261	380	0:15:43	Mark Welsford
			279	372	0:15:59	Scott Elliott
			291	369	0:16:04	Robert Conroy
27	Dumfries RC	942	165	170	0:14:23	Charlie Storrie
			195	165	0:14:49	Alan Baxter
			271	169	0:15:52	Michael McKean
			311	166	0:16:31	Kevin Gordon
28	Motherwell AC	958	89	422	0:13:43	David Gardiner
			251	421	0:15:35	Mark Ellis
			294	420	0:16:06	Scott Dickson
			324	424	0:16:49	Scott Kelman
29	Harmeny AC	959	190	339	0:14:45	Philip Holden
			214	338	0:15:02	Phil Buckley
			236	340	0:15:20	Jonathan Kennedy
			319	337	0:16:45	David Alexander
30	Portobello RC	973	143	454	0:14:14	Matt Bird
			178	456	0:14:37	Jonah Jones
			302	458	0:16:15	David Worrall
			350	457	0:17:22	George Lupton
31	Gala Harriers	1062	54	271	0:13:03	Darrell Hastie
			305	272	0:16:22	Ian Maxwell
			347	269	0:17:15	Ben Abbott
			356	270	0:17:32	Iain Buckley
32	Perth RR	1065	181	438	0:14:38	Stuart Robertson
			199	439	0:14:53	Duncan Ryan
			316	436	0:16:41	James Fotheringham
			369	437	0:17:50	Simon Grieshaber
33	VP-Glasgow AC	1081	87	488	0:13:41	Steven Bryce
			309	492	0:16:30	Sandy Gardner
			332	494	0:16:58	Stuart Kelly
			353	497	0:17:25	Daniel Smith

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 6th November 2021

2021 4KXC Results Provisional.xlsx SM Teams

Lanark Racecourse, Lanark

Pos	Club	Points	Pos	Pid	Time	Name
34	Airdrie Harriers	1190	205	12	0:14:55	Mark Connelly
			243	11	0:15:25	John Brogan
			355	13	0:17:29	Stephen Purvis
			387	14	0:18:30	Brian Wilson
35	West End RR	1191	177	498	0:14:37	Stephen Brown
			312	502	0:16:33	Byron Moreton
			317	500	0:16:42	Andrew Clark
			385	504	0:18:29	Alham Said
36	Calderglen Harriers	1465	275	85	0:15:56	Callum Wright
			372	82	0:18:00	Jim Holmes
			402	84	0:19:24	Gordon McNally
			416	79	0:20:50	Russell Couper