

SAL East District Cross Country Relays
Mossilee, Galashiels
9-October 2021
Men

	Stage 1	Stage 2	Stage 3	Stage 4	
1 Central AC (A)	13:46	6:27:07	2:40:36	1:53:48	1
	Calum Phillip	13:46 Ben MacMillan (U20)	13:21 Luca Fanottoli	13:29 Hamish Hickey	13:12
2 Edinburgh Univ Hare and Hounds (A)	13:14	2:27:05	1:40:46	2:54:05	2
	Harry Henriksen (U20)	13:14 Alex Muir	13:51 Robert Sparks	13:41 Callum Tharme	13:19
3 Aberdeen AAC (A)	13:47	7:27:34	4:40:52	3:54:51	3
	Aaron Odentz	13:47 Myles Edwards	13:47 Michael Ferguson	13:18 Fearghas Thomson	13:59
4 Corstorphine AAC (A)	15:03	19:28:41	9:41:47	4:56:36	4
	Theo Phillips Smith (U20)	15:03 James Dunn	13:38 Tom Martyn	13:06 Donald Macaulay	14:49
5 Central AC (B)	14:07	8:28:05	5:43:07	5:56:55	5
	Dale Colley	14:07 Sandy Holl	13:58 Lewis Millar	15:02 Matthew Sutherland	13:48
6 Edinburgh Univ Hare and Hounds (B)	14:11	9:28:29	8:43:10	6:57:17	6
	Ruaridh Mon-Williams	14:11 Boyan Ivdandjiov	14:18 Joe Battershill	14:41 Ben Shaw	14:07
7 Falkirk Victoria Harriers (A)	13:15	3:29:06	10:43:24	7:58:39	7
	Scott Stirling	13:15 Lewis Pentecost	15:51 Ben Stevenson	14:18 Calum Little (U20)	15:15
8 Aberdeen AAC (B)	14:29	10:29:31	13:44:01	9:59:08	8
	Adam Brown (U20)	14:29 Ben Nelson	15:02 Thomas Dalgarno	14:30 Steven Murray	15:07
9 Fife AC (A)	13:23	4:27:24	3:44:00	8:59:19	9
	Tristan Rees	13:23 Andrew Thomson (U20)	14:01 Dave Clark (40)	16:36 Alistair Gudgin	15:19
10 Edinburgh AC (A)	14:39	14:29:30	12:44:28	10:59:34	10
	Callum Reid	14:39 Sam MacNeil	14:51 Myles Bax	14:58 Iain Whitaker	15:06
11 Edinburgh Univ Hare and Hounds (C)	14:36	13:29:15	11:44:39	12:59:43	11
	Fraser Roach	14:36 Matthew Dailey	14:39 Fraser Smith	15:24 Iwan Gruff Oldfield	15:04
12 Lasswade AC (A)	13:09	1:28:17	7:44:34	11:10:47	12
	Christian Graham	13:09 Martin Gore (40)	15:08 David Woods	16:17 Euan Hood	17:13
13 Dundee Hawhill Harriers (A)	14:56	16:31:07	18:46:43	15:10:20	13
	Chris Earl	14:56 Gordon Barrie (45)	16:11 Munro Stewart	15:36 Callum McCormack	15:37
14 Hunters Bog Trotters (A)	14:32	12:30:59	17:46:30	14:10:23:30	14
	Alex Luetchford	14:32 James Rogers	16:27 Ray Ward (45)	15:31 Huw Jones	16:00
15 Corstorphine AAC (C) (V)	15:00	17:30:30	15:47:29	21:10:25:57	15
	Tom Ferrington (45)	15:00 Malcolm Lang (40)	15:30 Alan Cunningham (45)	16:59 Alastair Brockie (40)	15:28
16 Gala Harriers (B) (V)	15:01	18:31:26	19:47:19	19:10:35:25	16
	Gary Trewartha (40)	15:01 Brian Aitchison (40)	16:25 Graeme Murdoch (40)	15:53 Wayne McIntosh (45)	16:06
17 Teviotdale Harriers (A)	15:42	21:30:37	16:46:57	17:10:35:51	17
	Stewart Fraser	15:42 Rory Anderson	14:55 Duncan Lockie	16:20 Andrew Gibson (40)	16:54
18 PH Racing Club (A)	16:22	28:31:54	20:47:27	20:10:41:11	18
	Aaron Bennet (U20)	16:22 Darren Jubb	15:32 Paul Kieran (45)	15:33 Mark Webster (45)	16:44
19 Lothian RC (A)	14:46	15:30:16	14:46:44	16:10:42:24	19
	Joshua Dack	14:46 Sam McIntosh	15:30 Ryan Kirkland (U20)	16:28 Owen Williams	17:40
20 Gala Harriers (A)	13:42	5:28:13	6:46:12	13:10:55:52	20
	Darrell Hastie	13:42 Marcus D'Agrosa	14:31 Michael Turnbull	17:59 Iain Buckley	19:40
21 Central AC (C)	16:10	26:32:15	22:47:07	18:10:66:07	21
	Andrew Irvine	16:10 Sam Grivell (U20)	16:05 Sam Burton (U20)	14:52 Scott Gillen	19:00
22 Edinburgh AC (E)	15:57	24:33:13	25:49:35	22:10:66:28	22
	Kevin Hamilton	15:57 John Mowbray	17:16 Matthew Davies	16:22 Terry Roberts	16:53
23 Edinburgh AC (F) (V)	17:42	37:34:46	31:51:33	27:10:66:56	23
	Paul Forbes (60)	17:42 Lewis Orr (50)	17:04 Michael Fullerton (50)	16:47 Stuart Johnston (40)	15:23
24 Portobello RC (A)	15:12	20:33:19	26:51:09	24:10:71:13	24
	Matt Bird	15:12 Alex Garvie (50)	18:07 David Worrall (45)	17:50 Jonah Jones	16:04
25 Perth RR (A)	21:08	47:35:40	36:52:11	29:10:82:27	25
	Mike Dales (60)	21:08 James Waldie	14:32 Duncan Ryan (50)	16:31 Stuart Robertson (50)	16:16
26 Central AC (D) (V)	14:31	11:32:34	24:51:16	25:10:84:42	26
	Scott Brember (45)	14:31 Donald Shaw (50)	18:03 Iain Dunsmore (50)	18:42 David Eckersley (55)	17:26
27 Lasswade AC (B)	17:29	35:35:27	33:51:28	26:10:88:50	27
	Andrew McGlone (50)	17:29 Scott Dickson (45)	17:58 Greg Loudon	16:01 Sean Hadden	17:22
28 Edinburgh AC (D)	17:09	32:33:45	28:52:47	31:10:88:53	28
	John Hancock	17:09 Paul Butler	16:36 Iain Macdonald	19:02 Thomas Leeman	16:06
29 Corstorphine AAC (B)	16:51	30:33:48	29:52:30	30:10:99:31	29
	Ben Draye	16:51 Scott Pilkington	16:57 Tristan Rabaiejs	18:42 David Hart (45)	17:01
30 Musselburgh and District AC (A) (V)	17:40	36:35:26	32:53:55	33:10:10:34	30
	Robert Henry (45)	17:40 James Mayers (55)	17:46 Doug Fraser (50)	18:29 Paul Slifer (50)	16:39
31 Harneny AC (A)	15:52	22:34:22	30:51:40	28:10:10:50	31
	Philip Holden (40)	15:52 Joe Melton (45)	18:30 Jonathan Kennedy	17:18 Andrew Ross (55)	19:10
32 Gala Harriers (C)	17:12	33:35:40	35:55:15	38:10:11:34	32
	Ian Maxwell (60)	17:12 Bob Johnson (60)	18:28 Ben Abbott (55)	19:35 Fergus Johnston	16:19
33 Edinburgh AC (C) (V)	17:51	39:35:29	34:54:13	35:10:12:01	33
	David Cross (55)	17:51 Andrew Latham (55)	17:38 Gavin Phillip (55)	18:44 Dave Clements (50)	17:48
34 Dundee University AC & XC (A)	17:00	31:37:21	41:54:56	37:10:12:10	34
	Charlie LaMassa	17:00 Andrew Keenlyside (U20)	20:21 Ross Gray	17:35 Sean Haycock	17:14
35 Pitreavie AAC (A)	19:22	44:36:49	39:54:44	36:10:13:54	35
	Neil MacLachlan	19:22 Jeff Farquhar (60)	17:27 David Henderson (40)	17:55 Ben Fraser	19:10
36 Dundee Hawhill Harriers (B)	16:18	27:32:12	21:50:40	23:10:14:32	36
	Kristofer Hernandez	16:18 Aidan Simpson (U20)	15:54 Ryan Fox (U20)	18:28 Guillermo Hernandez (75)	23:52
37 Musselburgh and District AC (B)	17:47	38:36:53	40:54:10	34:10:14:35	37
	Graeme Nicholson (45)	17:47 Mark Keast (45)	19:06 George SM Hanson	17:17 Dee Surtees X	20:25
38 Edinburgh AC (B) (V)	18:44	41:37:52	43:57:03	39:10:16:36	38
	Malcolm Parry (45)	18:44 Max Carcas (50)	19:08 Iain Craven (40)	19:11 Chris Creegan (60)	19:33
39 Teviotdale Harriers (B)	20:16	46:38:10	45:58:34	43:10:19:17	39
	Derek Scott	20:16 Bruce Hughes (40)	17:54 Paul Lockie (50)	20:24 Alan Coltman (50)	20:43
40 Edinburgh AC (G)	22:20	49:38:02	44:57:21	41:10:21:15	40
	Eric Stevenson (70)	22:20 Max Meres	15:42 Keith Dunlop	19:19 Alex MacEwen (65)	23:54
Banchory Stonehaven AC (A)	15:56	23:33:36	27:53:10	32	
	Stuart Ferguson	15:56 Alistair Cameron (45)	17:40 Andrew Ferguson Snr (60)	19:34	
Falkirk Victoria Harriers (B)	18:19	40:35:53	37:57:05	40	
	Craig Johnston (50)	18:19 Malcolm Finlayson (50)	17:34 Alastair McCallum (60)	21:12	
Corstorphine AAC (D) (V)	17:20	34:36:23	38:57:36	42	
	Ian Johnston (55)	17:20 Michael Connelly (60)	19:03 Steven Blair (55)	21:13	
Lothian RC (B)	21:11	48:39:34	46:58:57	44	
	Andrew Beattie	21:11 Iain Cameron (40)	18:23 George Gilhooley (60)	19:23	
Aberdeen AAC (C)	16:04	25:32:30	23		
	Michael Kilbride	16:04 Andrew Casey	16:26		
Hunters Bog Trotters (D)	18:49	42:37:37	42		
	Alistair Hindle (45)	18:49 Simon Harrison	18:48		
PH Racing Club (B)	16:35	29:39:56	47		
	Colin Somerville	16:35 Ross Bennet (50)	23:21		
Portobello RC (B)	19:29	45:40:43	48		
	William Jarvie (60)	19:29 Richie Hallinan (45)	21:14		
Central AC (E) (V)	19:04	43:42:22	49		
	Hugh Buchanan (60)	19:04 Colin Sinclair (55)	23:18		
Ferranti AAC (A)	33:45	51:10:25	50		
	Gerry Clement (70)	33:45 Eddie McDonald (70)	28:40		
Perth RR (B)	23:05	50			
	Alan Bothwell (60)	23:05			

Fastest Times

Tom Martyn	Corstorphine AAC (A)	13.06
Christian Graham	Lasswade AC (A) (V)	13.09
Hamish Hickey	Central AC (A)	13.12
Harry Henriksen (U20)	Edinburgh Univ Hare and Hounds (A)	13.14
Scott Stirling	Falkirk Victoria Harriers (A)	13.15
Michael Ferguson	Aberdeen AAC (A)	13.18
Callum Tharme	Edinburgh Univ Hare and Hounds (A)	13.19
Ben MacMillan (U20)	Central AC (A)	13.21
Tristan Rees	Fife AC (A)	13.23
Luca Fanottoli	Central AC (A)	13.29
James Dunn	Corstorphine AAC (A)	13.38
Robert Sparks	Edinburgh Univ Hare and Hounds (A)	13.41
Darrell Hastie	Gala Harriers (A) (V)	13.42
Calum Phillip	Central AC (A)	13.46
Myles Edwards	Aberdeen AAC (A)	13.47
Aaron Odentz	Aberdeen AAC (A)	13.47
Matthew Sutherland	Central AC (B)	13.48
Alex Muir	Edinburgh Univ Hare and Hounds (A)	13.51
Sandy Holl	Central AC (B)	13.58
Fearghas Thomson	Aberdeen AAC (A)	13.59
Andrew Thomson (U20)	Fife AC (A)	14.01

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Female

	Stage 1		Stage 2		Stage 3	
1 Lasswade AC (A)	16:55	7	32:07	3	47:45	1
	Amy Smith	16:55	Sarah Tait	15:12	Amy Frankland	15:38
2 Edinburgh Univ H&H (C)	15:55	2	31:55	2	47:52	2
	Hannah Anderson (FU20)	15:55	Georgia Ledingham (FU20)	16:00	Cera Gemmell (FU20)	15:57
3 Edinburgh Univ H&H (A)	15:14	1	31:39	1	48:12	3
	Holly Page	15:14	Isla Calvert (FU20)	16:25	Olivia Vareille	16:33
4 Edinburgh Univ H&H (B)	16:41	4	32:34	4	48:30	4
	Niamh Carr	16:41	Kirsty Purcell (FU20)	15:53	Katie Lowery	15:56
5 Edinburgh Univ H&H (D)	16:01	3	33:12	5	49:55	5
	Caitlin Purcell (FU20)	16:01	Hannah Morrison	17:11	Emma Johnson (FU20)	16:43
6 Corstorphine AAC (B)	17:07	9	33:54	6	51:14	6
	Josie-Wren Golder (FU20)	17:07	Kirstin Maxwell	16:47	Kirstian Macaulay	17:20
7 Edinburgh AC (A) (V)	18:05	16	35:22	8	52:43	7
	Jacqueline Rainger (F40)	18:05	Janet Dunbar (F50)	17:17	Hazel MacCormick (F40)	17:21
8 Corstorphine AAC (C)	16:48	6	34:59	7	52:55	8
	Sophie Collins	16:48	Leah Davie	18:11	Lisa Christy	17:56
9 Edinburgh AC (B)	17:07	11	36:54	12	53:20	9
	Rose Newman (FU20)	17:07	Min Ke	19:47	Lauren Stoddart	16:26
10 Edinburgh Univ H&H (E)	17:56	14	35:30	9	54:41	10
	Alexandra Kiltie	17:56	Merce Sanchez Oller (FU20)	17:34	Cara Baldwin (FU20)	19:11
11 Edinburgh AC (C)	17:52	13	35:41	10	55:09	11
	Mhairi Ferguson	17:52	Carolyn Cameron	17:49	Danielle Reid	19:28
12 Hunters Bog Trotters (A) (V)	18:41	21	37:45	13	56:54	12
	Catriona Bruce (F40)	18:41	Amelia Hope-Jones (F40)	19:04	Megan Wright (F45)	19:09
13 Hunters Bog Trotters (B)	18:08	17	39:13	18	57:27	13
	Rachel Heathcote	18:08	Sarah MacNeill	21:05	Shona McIntosh	18:14
14 Dundee Hawkhill Harriers (A)	18:52	23	39:08	17	57:29	14
	Frankie Duncan-Morris (FU20)	18:52	Iona Esslemont (FU20)	20:16	Shania King	18:21
15 Edinburgh AC (D) (V)	18:24	19	38:39	15	57:52	15
	Susan Ridley (F55)	18:24	Karen Dobbie (F50)	20:15	Isobel Joiner (F40)	19:13
16 Dundee Road Runners (A)	19:01	24	38:24	14	58:03	16
	Fiona Canavan	19:01	Charlotte Newman	19:23	Alison McNeilly (F40)	19:39
17 Gala Harriers (B) (V)	18:51	22	39:59	23	58:12	17
	Pamela Baillie (F45)	18:51	Julia Johnstone (F50)	21:08	Katy Barden (F40)	18:13
18 Gala Harriers (A)	16:57	8	39:08	16	58:25	18
	Sara Green	16:57	Angela Jewitt (F45)	22:11	Flora Johnston	19:17
19 Dundee University AC and XC (A)	17:33	12	39:30	20	58:45	19
	Catriona Laing	17:33	Ruby Soldan (FU20)	21:57	Hannah Berry	19:15
20 Corstorphine AAC (D)	19:19	27	39:32	21	1:00:09	20
	Megan Smith	19:19	Jilly McKay	20:13	Anne Ewing	20:37
21 Lauderdale Limpers RC (A)	18:21	18	40:27	24	1:00:20	21
	Chloe Summerfield	18:21	Rachel McAleese	22:06	Jill Thomson	19:53
22 Gala Harriers (C) (V)	19:12	25	40:37	25	1:00:26	22
	Gillian Lunn (F45)	19:12	Carole Fortune (F55)	21:25	Joeleen Mckean (F40)	19:49
23 Dundee Road Runners (B)	19:38	28	41:10	26	1:01:04	23
	Fiona Callaghan	19:38	Sophia Lappe	21:32	Louise Menzies (F40)	19:54
24 Lasswade AC (B)	20:20	31	39:52	22	1:02:12	24
	Hannah Little (FU20)	20:20	Catherine Dickson (F50)	19:32	Debra Urquhart (F40)	22:20
25 Edinburgh AC (E)	23:56	40	42:48	30	1:02:25	25
	Sinead Gallagher	23:56	Sarah Scott	18:52	Maria Boland	19:37
26 Hunters Bog Trotters (C)	20:34	32	44:04	32	1:03:19	26
	Phyllis O'Brien (F60)	20:34	Jess Husbands	23:30	Katie Williams	19:15
27 Pitreavie AAC (A)	21:26	34	41:35	27	1:03:28	27
	Kirstyn Suttie	21:26	Elaine Renouf	20:09	Lucy Crookston	21:53
28 Gala Harriers (D) (V)	22:46	37	42:43	29	1:04:40	28
	Charlotte Hendry (F40)	22:46	Lisa Dalgliesh (F45)	19:57	Jocelyn Richard (F60)	21:57
29 Ferranti AAC (A) (V)	23:09	38	44:22	33	1:05:43	29
	Julia Loecherbach (F40)	23:09	Julia Drewer (F40)	21:13	Melanie Sinclair (F45)	21:21
30 Harmeny AC (B) (V)	21:42	35	44:37	34	1:06:55	30
	Nicola McGuire (45)	21:42	Lorna Broadhurst (F60)	22:55	Nicola Freedman (F50)	22:18
31 Corstorphine AAC (A) (V)	23:48	39	45:38	37	1:07:42	31
	Kira Mourao (F45)	23:48	Sara Wood (F50)	21:50	Janet Grigor (F50)	22:04
32 Teviotdale Harriers (A)	19:17	26	41:49	28	1:07:58	32
	Maisie Ballantyne (FU20)	19:17	Kirsty Hughes (F45)	22:32	Lorna Walker (F40)	26:09
33 Harmeny AC (C) (V)	24:38	41	47:09	38	1:11:18	33
	Susan Irwin (F50)	24:38	Lyndsay Holden (40)	22:31	Susan Ross (F50)	24:09
34 Perth RR (A) (V)	19:56	29	43:25	31	1:12:42	34

	Fabienne Antonella Thompson (F55)	19:56	Fiona Manson (F50)	23:29	Susan Bothwell (F60)	29:17
35 Pitreavie AAC (B) (V)	18:28	20	44:42	36	1:16:00	35
	Louise Millar (F45)	18:28	Laura Bannister (F40)	26:14	Deborah Cooper (F60)	31:18
36 Harmeny AC (A) (V)	27:56	42	55:41	39	1:22:53	36
	Elaine Sandeman (F60)	27:56	Patricia Hampton (F70)	27:45	Pamela Lorimer (F45)	27:12
Central AC (A)	17:59	15	36:22	11		
	Cliona Diamond	17:59	Claire Houston (F40)	18:23		
Aberdeen AAC (A)	17:07	10	39:17	19		
	Grace Whelan	17:07	Rachel Watson	22:10		
Falkirk Victoria Harriers (A)	21:52	36	44:42	35		
	Eilidh McCallum	21:52	Monica Anderson (F50)	22:50		
Edinburgh Univ H&H (F)	16:42	5				
	Grace Pow	16:42				
Dundee University AC and XC club (B)	20:14	30				
	Katie Craig (FU20)	20:14				
Edinburgh AC (F) (V)	20:49	33				
	Elaine Davies (F50)	20:49				

Fastest Times

Sarah Tait	Lasswade AC (A)	15.12
Holly Page	Edinburgh Univ H&H (A)	15.14
Amy Frankland	Lasswade AC (A)	15.38
Kirsty Purcell (FU20)	Edinburgh Univ H&H (B)	15.53
Hannah Anderson (FU20)	Edinburgh Univ H&H (C)	15.55
Katie Lowery	Edinburgh Univ H&H (B)	15.56
Cera Gemmell (FU20)	Edinburgh Univ H&H (C)	15.57
Georgia Ledingham (FU20)	Edinburgh Univ H&H (C)	16.00
Caitlin Purcell (FU20)	Edinburgh Univ H&H (D)	16.01
Isla Calvert (FU20)	Edinburgh Univ H&H (A)	16.25
Lauren Stoddart	Edinburgh AC (B)	16.26
Olivia Vareille	Edinburgh Univ H&H (A)	16.33
Niamh Carr	Edinburgh Univ H&H (B)	16.41
Grace Pow	Edinburgh Univ H&H (F)	16.42
Emma Johnson (FU20)	Edinburgh Univ H&H (D)	16.43
Kirstin Maxwell	Corstorphine AAC (B)	16.47
Sophie Collins	Corstorphine AAC (C)	16.48
Amy Smith	Lasswade AC (A)	16.55
Sara Green	Gala Harriers (A)	16.57
Grace Whelan	Aberdeen AAC (A)	17.07
Rose Newman (FU20)	Edinburgh AC (B)	17.07
Josie-Wren Golder (FU20)	Corstorphine AAC (B)	17.07
Hannah Morrison	Edinburgh Univ H&H (D)	17.11
Janet Dunbar (F50)	Edinburgh AC (A) (V)	17.17
Kirstian Macaulay	Corstorphine AAC (B)	17.20

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Young Athletes Male

	Stage 1		Stage 2		Stage 3	
1 Harmeny AC (B)	09:35	3	19:01	4	27:33	1
	Daniel McIntyre (U13)	09:35	Matthew Holden (U15)	09:26	Alasdair Wallace (U17)	08:32
2 Team East Lothian (A)	09:52	4	18:56	3	27:35	2
	Jake Page (U13)	09:52	Innes Wright (U15)	09:04	Angus Wright (U17)	08:39
3 Falkirk Victoria Harriers (A)	09:32	2	18:41	1	27:36	3
	Ray Taylor (U13)	09:32	Luke Culliton (U15)	09:09	Gregor Hunter (U17)	08:55
4 Harmeny AC (A)	09:29	1	18:42	2	27:39	4
	Fergus Ross (U13)	09:29	Dan McGuire (U15)	09:13	Tendai Nyabadza (U17)	08:57
5 Gala Harriers (A)	09:54	5	19:09	5	27:47	5
	Archie Dalgliesh (U13)	09:54	Zico Field (U15)	09:15	Ewan Christie (U17)	08:38
6 Aberdeen AAC (A)	10:38	13	19:36	7	28:21	6
	Alex Henthorn (U13)	10:38	Rhys Crawford (U15)	08:58	Kai Crawford (U17)	08:45
7 Edinburgh AC (A)	10:13	8	19:50	8	28:33	7
	Reuben Lees (U13)	10:13	Campbell Fairgrieve (U15)	09:37	Ross Dewar (U17)	08:43
8 Edinburgh AC (B)	10:04	6	19:23	6	28:42	8
	Josh Daunt (U13)	10:04	Dylan Daunt (U15)	09:19	Patrick Barnes (U15)	09:19
9 Team East Lothian (B)	10:38	14	20:24	10	29:12	9
	Ben Krievs (U13)	10:38	John Marshall (U15)	09:46	Aidan Page (U17)	08:48
10 Aberdeen AAC (B)	11:23	26	20:42	15	29:14	10
	Reuben McAllister (U13)	11:23	Thomas Reynolds (U15)	09:19	Hamish McKay (U17)	08:32
11 Fife AC (A)	11:12	22	20:51	17	29:15	11
	Daniel Purves (U13)	11:12	Archie Suttie (U15)	09:39	Struan Bennet (U17)	08:24
12 Harmeny AC (C)	10:42	18	20:37	13	29:47	12
	Fergus Roberts (U13)	10:42	Kieran Hardie (U15)	09:55	Ethan Lorimer (U17)	09:10
13 Edinburgh AC (C)	10:11	7	19:59	9	29:53	13
	Danny Convery (U13)	10:11	Lachlan Kunath (U15)	09:48	Wilbur Mansell (U17)	09:54
14 Lasswade AC (A)	11:00	20	20:26	11	29:57	14
	Jonathan Macqueen (U13)	11:00	Rowan Taylor (U15)	09:26	Alastair Scott (U17)	09:31
15 Teviotdale Harriers (A)	11:24	27	21:23	20	30:03	15
	Taylor Watson (U13)	11:24	Irvine Welsh (U15)	09:59	Conan Harper (U17)	08:40
16 Gala Harriers (B)	10:40	15	20:33	12	30:28	16
	Charlie Dalgliesh (U13)	10:40	Ross Christie (U15)	09:53	Cameron Rankine (U17)	09:55
17 Pitreavie AAC (A)	10:42	17	21:25	21	30:44	17
	Frazer Lees (U13)	10:42	Lewis Muir (U15)	10:43	Caleb McLeod (U17)	09:19
18 Team East Lothian (C)	11:16	24	21:16	19	30:44	18
	Matthew Connolly (U13)	11:16	Fraser Lupton (U15)	10:00	Jamie Smith (U17)	09:28
19 Harmeny AC (D)	10:34	10	21:37	22	31:22	19
	Ben Paterson (U13)	10:34	Lewis Hardingham (U15)	11:03	Archie Irwin (U17)	09:45
20 Corstorphine AAC (B)	10:37	12	22:06	25	31:46	20
	Tymek Chmielowski (U13)	10:37	Lewis Andrews (U15)	11:29	Ben Struthers (U17)	09:40
21 Lothian RC (A)	11:06	21	21:40	23	31:53	21
	Danny Fletcher (U13)	11:06	Jonathan Collings (U15)	10:34	Murray Close (U17)	10:13
22 Lasswade AC (B)	11:21	25	22:22	27	31:55	22
	Ruairidh Wood (U13)	11:21	Cian Murray (U15)	11:01	Rory Scott (U17)	09:33
23 George Heriot's School (A)	11:41	32	22:08	26	32:00	23
	Toby Monaghan (U13)	11:41	Andrew Robinson (U15)	10:27	Tommy Thin (U17)	09:52
24 Corstorphine AAC (A)	11:34	31	22:28	28	32:03	24
	Charles Desson (U13)	11:34	Lewis Harrison (U15)	10:54	Ruairidh Williams (U17)	09:35
25 Falkirk Victoria Harriers (B)	10:49	19	21:00	18	32:25	25
	Cahal McAtarsney (U13)	10:49	Hamish Hunter (U13)	10:11	Liam Flaherty (U15)	11:25
26 Corstorphine AAC (C)	11:33	30	22:36	31	32:55	26
	Rory McNeill (U13)	11:33	Archie Cruickshank (U13)	11:03	Oliver Stein (U17)	10:19
27 Teviotdale Harriers (B)	12:52	37	23:34	33	33:06	27
	Craig Watson (U13)	12:52	Charles Mckay (U15)	10:42	Robbie Welsh (U17)	09:32
28 Corstorphine AAC (D)	11:14	23	22:33	29	33:45	28
	Daniel Farrell (U13)	11:14	Jenson Key (U13)	11:19	Ryan Snitjer (U17)	11:12
29 Musselburgh and District AC (A)	11:31	29	23:32	32	35:06	29
	Cohen Hardie (U13)	11:31	Daniel Barnard (U15)	12:01	Isaac Wintour (U15)	11:34
30 Pitreavie AAC (B)	12:03	34	25:09	36	35:36	30
	Fraser Muir (U13)	12:03	Jack McInnes (U15)	13:06	Cameron Johnston (U17)	10:27
31 George Heriot's School (B)	12:09	36	23:55	34	35:51	31
	Rory Wilken (U13)	12:09	David Ivory (U15)	11:46	Ciaran Parry (U17)	11:56
32 Musselburgh and District AC (B)	12:05	35	25:39	37	37:03	32
	Ben Anderson (U13)	12:05	Lewis Clark (U13)	13:34	Sandy Henry (U15)	11:24
33 George Heriot's School (C)	11:59	33	25:05	35	37:28	33
	Tim Rose (U13)	11:59	Finlay Wilson (U15)	13:06	Thomas Milne (U15)	12:23
Harmeny AC (E)	10:42	16	20:39	14		

	Sam Johnston (U13)	10:42	Dair Alexander (U15)	09:57
Edinburgh AC (D)	10:30	9	20:44	16
	Zak Turtle (U13)	10:30	Lukas Sonnevile (U13)	10:14
Team East Lothian (D)	10:37	11	21:50	24
	Thomas Gornall (U13)	10:37	Isaac Stevenson (U15)	11:13
Lasswade AC (C)	11:27	28	22:34	30
	Lauchie Welsh (U13)	11:27	Will Heatlie (U15)	11:07

Fastest Times

Fergus Ross (U13)	Harmeny AC (A)	9.29
Ray Taylor (U13)	Falkirk Victoria Harriers (A)	9.32
Daniel McIntyre (U13)	Harmeny AC (B)	9.35
Ray Taylor (U13)	Falkirk Victoria Harriers (A)	9.32
Josh Daunt (U13)	Edinburgh AC (B)	10.04
Hamish Hunter (U13)	Falkirk Victoria Harriers (B)	10.11
Danny Convery (U13)	Edinburgh AC (C)	10.11
Lukas Sonnevile (U13)	Edinburgh AC (D)	10.14
Zak Turtle (U13)	Edinburgh AC (D)	10.30
Ben Paterson (U13)	Harmeny AC (D)	10.34

U15

Rhys Crawford (U15)	Aberdeen AAC (A)	8.58
Innes Wright (U15)	Team East Lothian (A)	9.04
Luke Culliton (U15)	Falkirk Victoria Harriers (A)	9.09
Dan McGuire (U15)	Harmeny AC (A)	9.13
Zico Field (U15)	Gala Harriers (A)	9.15
Thomas Reynolds (U15)	Pitreavie AAC (A)	9.19
Patrick Barnes (U15)	Aberdeen AAC (B)	9.19
Dylan Daunt (U15)	Edinburgh AC (B)	9.19
Rowan Taylor (U15)	Edinburgh AC (B)	9.19
Matthew Holden (U15)	Lasswade AC (A)	9.26

U17

Struan Bennet (U17)	Fife AC (A)	8.24
Hamish McKay (U17)	Aberdeen AAC (B)	8.32
Alasdair Wallace (U17)	Harmeny AC (B)	8.32
Ewan Christie (U17)	Gala Harriers (A)	8.38
Angus Wright (U17)	Team East Lothian (A)	8.39
Conan Harper (U17)	Teviotdale Harriers (A)	8.40
Ross Dewar (U17)	Edinburgh AC (A)	8.43
Kai Crawford (U17)	Aberdeen AAC (A)	8.45
Aidan Page (U17)	Team East Lothian (B)	8.48
Gregor Hunter (U17)	Falkirk Victoria Harriers (A)	8.55

SAL East District Cross Country Relays
Mossilee, Galashiels
9-October 2021
Young Athletes Female

	Stage 1		Stage 2		Stage 3	
1 Team East Lothian (A)	10:22	1	20:34	1	30:17	1
	Cerys Wright (U13)	10:22	Olivia Robbins (U15)	10:12	Maja Thomson (U17)	09:43
2 Edinburgh AC (A)	11:06	3	21:25	2	31:46	2
	Joanna Hirst (U13)	11:06	Orlaith Shepherd (U15)	10:19	Katie Johnson (U17)	10:21
3 Falkirk Victoria Harriers (A)	10:44	2	21:40	3	31:53	3
	Emily Christie (U13)	10:44	Isabella Ogg (U15)	10:56	Caitlyn Christie (U17)	10:13
4 Gala Harriers (A)	11:34	6	22:24	4	32:45	4
	Kirsty Rankine (U13)	11:34	Erin Gray (U15)	10:50	Isla Paterson (U17)	10:21
5 Corstorphine AAC (A)	11:57	10	22:54	6	33:12	5
	Annie Clarke (U13)	11:57	Eva Cameron (U15)	10:57	Olivia Clarke (U17)	10:18
6 Edinburgh AC (B)	12:32	14	23:19	7	33:49	6
	Catriona Scott (U13)	12:32	Dashka MacDonald (U15)	10:47	Anise Macaulay Orr (U17)	10:30
7 Lasswade AC (A)	11:15	4	23:31	8	34:04	7
	Isla Taylor (U13)	11:15	Eloise Scott (U15)	12:16	Olivia Meikle (U17)	10:33
8 Falkirk Victoria Harriers (B)	12:01	11	23:52	12	34:07	8
	Josie Anderson (U13)	12:01	Hannah Macleod (U15)	11:51	Katie Christie (U17)	10:15
9 Team East Lothian (B)	11:47	7	22:53	5	34:15	9
	Sula Russell (U13)	11:47	Eily Sinclair (U15)	11:06	Ella Nicholson (U17)	11:22
10 Aberdeen AAC (A)	12:54	16	23:59	13	34:35	10
	Sophie Imlach (U13)	12:54	Abby Farquhar (U15)	11:05	Hannah Taylor (U17)	10:36
11 Aberdeen AAC (B)	11:50	8	23:44	10	34:40	11
	Olivia Dinnes (U13)	11:50	Sarah McAllister (U15)	11:54	Aimee Tawse (U17)	10:56
12 Edinburgh AC (C)	13:32	20	24:17	14	35:26	12
	Maya Collart (U13)	13:32	Megan McKay (U15)	10:45	Sorcha Shepherd (U17)	11:09
13 Pitreavie AAC (A)	12:42	15	23:50	11	35:43	13
	Nieve Hannell (U13)	12:42	Ariane Baillie (U15)	11:08	Erin Macfarlane (U17)	11:53
14 Falkirk Victoria Harriers (C)	13:07	17	24:34	16	36:08	14
	Hannah Johnson (U13)	13:07	Chloe Davies (U15)	11:27	Erin Hendry (U17)	11:34
15 Teviotdale Harriers (A)	13:24	18	26:05	20	37:39	15
	Emily Hush (U13)	13:24	Jessica Smith (U15)	12:41	Iona Jamieson (U17)	11:34
16 Team East Lothian (C)	12:22	12	25:09	17	38:18	16
	Cara Lai (U13)	12:22	Cristina Elliot (U15)	12:47	Jessica Bullen (U17)	13:09
17 Musselburgh and District AC (A)	13:40	23	25:57	19	39:14	17
	Thea Cooke (U13)	13:40	Hannah Scott (U15)	12:17	Sadie Croasdale (U17)	13:17
18 Dundee Hawkhill Harriers (A)	13:39	22	26:44	21	39:21	18
	Alliviah Bell (U13)	13:39	Grace Cook (U15)	13:05	Iris Nicoll (U15)	12:37
19 Teviotdale Harriers (B)	13:27	19	27:30	22	41:32	19
	Emily Macleod (U13)	13:27	Sarah Macleod (U15)	14:03	Ava Hughes (U17)	14:02
Gala Harriers (B)	11:52	9	23:35	9		
	Elise Field (U13)	11:52	Poppy Lunn (U15)	11:43		
Edinburgh AC (D)	13:36	21	25:37	18		
	Olivia Kelly (U13)	13:36	Kate MacPhail (U15)	12:01		
Banchory Stonehaven AC (A)	11:27	5				
	Hannah Cameron (U13)	11:27				
Corstorphine AAC (C)	12:23	13	24:27	15	DQ U17 on second Leg	
	Lucy Shanks (U13)	12:23	Katie McDonald (U17)	12:04		

Fastest Times

U13

Cerys Wright (U13)	Team East Lothian (A)	10.22
Emily Christie (U13)	Falkirk Victoria Harriers (A)	10.44
Joanna Hirst (U13)	Edinburgh AC (A)	11.06
Isla Taylor (U13)	Lasswade AC (A)	11.15
Hannah Cameron (U13)	Banchory Stonehaven AC (A)	11.27
Kirsty Rankine (U13)	Gala Harriers (A)	11.34
Sula Russell (U13)	Team East Lothian (B)	11.47
Olivia Dinnes (U13)	Aberdeen AAC (B)	11.50
Elise Field (U13)	Gala Harriers (B)	11.52
Annie Clarke (U13)	Corstorphine AAC (A)	11.57

U15

Olivia Robbins (U15)	Team East Lothian (A)	10.12
Orlaith Shepherd (U15)	Edinburgh AC (A)	10.19
Megan McKay (U15)	Edinburgh AC (C)	10.45
Dashka MacDonald (U15)	Edinburgh AC (B)	10.47
Erin Gray (U15)	Gala Harriers (A)	10.50
Isabella Ogg (U15)	Falkirk Victoria Harriers (A)	10.56
Eva Cameron (U15)	Corstorphine AAC (A)	10.57
Abby Farquhar (U15)	Aberdeen AAC (A)	11.05
Eily Sinclair (U15)	Team East Lothian (B)	11.06
Ariane Baillie (U15)	Pitreavie AAC (A)	11.08

U17

Maja Thomson (U17)	Team East Lothian (A)	9.43
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Caitlyn Christie (U17)	Falkirk Victoria Harriers (A)	10.13
Katie Christie (U17)	Falkirk Victoria Harriers (B)	10.15
Olivia Clarke (U17)	Corstorphine AAC (A)	10.18
Isla Paterson (U17)	Gala Harriers (A)	10.21
Katie Johnson (U17)	Edinburgh AC (A)	10.21
Anise Macaulay Orr (U17)	Edinburgh AC (B)	10.30
Olivia Meikle (U17)	Lasswade AC (A)	10.33
Hannah Taylor (U17)	Aberdeen AAC (A)	10.36
Aimee Tawse (U17)	Aberdeen AAC (B)	10.56